Year	Autumn	Spring	Summer
8	 Nutrition Food Safety Food Hygiene Use techniques in preparation and cookery of commodities. 	 Food Science Commodities Functions of ingredients Cookery methods Use techniques in preparation and cookery of commodities. 	 Preparation Methods Provenance & Sustainability Use techniques in preparation and cookery of commodities
9	 Research products from a design brief Special diets How menu dishes meet customer needs Plan production of dishes for a menu Use techniques in preparation of commodities. 	 Research products from a design brief Functions of macro nutrients in the human body Compare nutritional needs of specific groups at different life stages. Characteristics of unsatisfactory nutritional intake How cooking methods impact on nutritional value Use techniques in preparation of commodities. 	 Research products from a design brief Food related causes of ill health The role and responsibilities of the Environmental Health Officer (EHO) Food safety legislation Common types of food poisoning The symptoms of food induced ill health. Use techniques in preparation of commodities
10	Hospitality and Catering	The operation of the kitchenThe operation of front of house	Food safety and legislation

	 The structure of the hospitality and catering industry Job requirements within the hospitality and catering industry Personal safety responsibilities in the workplace Risks to personal safety in hospitality and catering Use techniques in preparation and cookery of commodities. Nutrition 	 How hospitality and catering provision meet customer requirement. Use techniques in preparation and cookery of commodities. Nutrition and the customer 	 Review option for hospitality and catering provision Recommend options for hospitality provision. Use techniques in preparation and cookery of commodities. Effect on nutrition once cooked.
11	 NEA unit 2 brief Use techniques in preparation and cookery of commodities. Unit 1 preparation Hospitality and Catering Industry Health and safety in the workplace 	 HACCP and Bacterium types Job roles in hospitality and Catering Environmental factors linked to food and menu choices. NEA unit 2 brief Use techniques in preparation and cookery of commodities. 	 Plan the production of dishes to meet the needs of all customers. Assessing customer needs Use techniques in preparation and cookery of commodities.

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