

Year	Autumn	Spring	Summer
7	<ul style="list-style-type: none"> • Rights and Responsibilities • British values • Rules and laws • Human rights • Equality Act and Protected characteristics • Social injustice • Social class • Homophobia • Disablism • Racism 	<ul style="list-style-type: none"> • Moral decisions • Influences, success, skills & targets • What's a career? • Puberty, the changing adolescent body and menstrual wellbeing • Personal hygiene • Tooth decay • First Aid: bleeding • Friendship • Bullying (including cyber) • Online safety – grooming etc • Data online – how is it used? 	<ul style="list-style-type: none"> • Family and parenting • Consent • Equality • Future plans
8	<ul style="list-style-type: none"> • Post 16 options • World of work • Job roles • The future of work and LMI • Future choices • Looking after your money • Charity 	<ul style="list-style-type: none"> • Prejudice and discrimination • Islamophobia • Risky behaviour • Peer pressure • Balanced lifestyle • Body image • Cosmetic surgery • Sleep • First Aid: Asthma and allergies 	<ul style="list-style-type: none"> • Relationships and consent • FGM • Safety online: AI, deepfakes and online scams • Extremism and radicalisation • Road, rail and water safety • Gambling • Weapons and gangs

		<ul style="list-style-type: none"> • Mental wellbeing • Social media 	
9	<ul style="list-style-type: none"> • Active citizens • Healthy v unhealthy relationships • Domestic violence and abuse • Exploitation and grooming • Abortion • Miscarriage • Euthanasia and assisted dying • Saviour siblings 	<ul style="list-style-type: none"> • Creation of life • Resilience and emotional wellbeing • Happiness • Recognising mental ill health and when to help • Anxiety and depression • Self-harm • Reframing negative thoughts • Mindfulness • First Aid: Choking and head injuries • Basic life support • Responsible health choices: personal hygiene, vaccinations, blood, organ and stem cell donation • Cancer awareness and self-examination • Consent and delaying sexual activity • Contraception and teenage pregnancy • STIs including HIV prevention drugs 	<ul style="list-style-type: none"> • Social injustice • Punishment • Marriage (including child, arranged, forced and honour-based violence) • Safety online: grooming, algorithms (radical views) etc • LGBTQAI+ • Homophobia • Prejudice and discrimination • Sexting and revenge porn • Dangers of pornography • Sexual harassment • Stalking • What next after 16? • Your future in the North East • How can you make the most of your money?
10	<ul style="list-style-type: none"> • Prejudice and discrimination: racial and LGBTQAI+ community • Drugs (including in sport) • Alcohol • Drink driving • Smoking and vaping 	<ul style="list-style-type: none"> • Rules and laws • Finance: credit, debit, budgeting, saving, borrowing debt and financial risks • Where to now? Looking forward 	<ul style="list-style-type: none"> • Gangs and knife crime • Joint enterprise • Exploitation and grooming • County lines • Extremism and Radicalisation • Cyber crime

	<ul style="list-style-type: none"> • What do coercive, abusive and controlling relationships look like? • Where is the line between flirting and sexual harassment? • Careers 	<ul style="list-style-type: none"> • First Aid: Bleeding and shock and chest pain • Upskirting • Online grooming 	<ul style="list-style-type: none"> • Hate crimes • Body modifications • Sextortion
11	<ul style="list-style-type: none"> • Post 16 options • Personal statements • University • CVs • Employability skills • Healthy sexual relationships including sexual boundaries • Diversity • Gender equality • Abortion • Euthanasia • Genetic engineering • Fertility and creation of life • What are the signs of an unhealthy relationship? 	<ul style="list-style-type: none"> • Coping with exam stress • Revision tips • Resilience • Growth mindset • Emotional wellbeing through life • First aid: Choking, bone, muscle and joint pain • Family • Marriage • Same sex marriage • Pre-marital sex and cohabitation • Family planning • Divorce • Grief, loss and bereavement • First Aid: choking and bone, muscle and joint injuries • Teenage pregnancy and parenting • Can we trust everything we see online? • How to be sensible online 	<ul style="list-style-type: none"> • Violence • Terrorism • Reconciliation • Justice

		<ul style="list-style-type: none">• Female safety• Toxic influencers and misogyny• Incel culture	
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Curriculum Overview – RSHE and PSHE- Shotton Hall.