WORD	DEFINITION		VQ Soore	h for the Truth KO			
Riot	Riot public disorder caused by a crowd or group of people protesting against another group.	Y9 Search for the Truth KO					
D ia a		CONTEXT	SUMMARY OF EVENTS				
Bias	A particular trend, tendency, inclination, feeling or opinion. Especially one that is preconceived or unreasoned.	Week 1 –	The Stonewall riots, also known as the Stonewall uprising, Stonewall rebellion, or simply Stonewall,				
manipulative	Influencing or attempting to influence the behaviour or emotions of others.	Stonewall	-	ous protests by members of the gay community in ly morning hours of June 28, 1969, at the Stonewa	•		
impeach	To accuse a public official of misconduct in office.	Week 2 - Grenfell	Just before 01:00 on 14 Ju	Grenfell Tower in June 2017 was one of the UK's w ine, fire broke out in the kitchen of a fourth floor f	lat at t	he 23 storey	
transcript	A written, typed or printed copy. Usually from speech.		of the building and then s	ington, West London. Within minutes, the fire hac pread to all four sides. By 03:00, most of the uppe	•		
disaster	A calamitous event, especially one occurring suddenly.		Seventy-two people died.				
rifle	To ransack, search or rob.						
harrowing	Extremely disturbing or distressing.	Hillsborough hundreds of injuries. The cr		ident in which a crush of football fans ultimately resulted in 97 deaths and crushing occurred during a match at Hillsborough and, on April 15, 1989. The tragedy was largely attributed to mistakes			
defame	To attack the good name or reputation by slander or libel.		made by the police.				
plausible	Having an appearance of truth or reason; seemingly worthy of approval or acceptance.	Week 4 – Central	The Central Park jogger case (sometimes termed the Central Park Five case) was a crim				
justice	The quality of being 'just'; righteousness or morally right.	Park 5	York, on April 19, 1989.	d rape of Trisha Meili, a white woman in Central Pa	ark in r	vlannattan, New	
perspective	The state of ones ideas, the facts known to one.		Writing		P	UNCTUATION	
		A – alliteration. The	repetition of key sounds	E – emotive language. Use pathos to really	,	Clauses and	
	PAF	or letters.		create tone and reader reaction.		lists	
Purpose	Why are you writing? e.g. <i>To entertain, to inform, persuade</i>	F – fact. Support the using key irrefutable	e statement or opinion e facts.	S – statistics. Use key statistics that are believable in context to support your ideas.	;	Lists and two equal weight	
Audience	Who are you writing for? e.g. <i>Young adults, children, teachers</i>	O – opinion. State yo clear throughout.	our opinion and make it	T- triple. Create a building verb or building adjective list to create emotion.		clauses Use sparingly	
Form	What type of text are you going to write? e.g. <i>A recipe, an article, a story</i>	R – rhetorical questi question their own i	on. Invite the reader to deas/morals.	Remember, there are more features you can embed but these are the minimum we expect.		Use sparingly	

	VOCABULARY	Y9 S	SAY IT OUT LO	DUD KO			TYPES OF SENTENCE
Speaking	The action of conveying information or expressing one's feelings in speech. The activity of delivering	SP	EECH CHECK LIST	AFORESTRIP	De	clarative	Makes a statement.
	speeches.	-	formal language A - Alliteration		Im	perative	Gives a command or a request.
Spontaneous	Acting upon sudden impulse and without	 close relationship with audience providing reasons for a course of action empathy with the audience's problem several suggestions about what to do use of modal verbs (e.g. might, could 		audience providing reasons for a course O - Opinion of action R - Rhetorical o empathy with the audience's problem Question o several suggestions about what to do E - Emotive		clamatory	Expresses strong emotion; exclamation marks.
	premeditation.					errogative	Direct question; question mark.
Phonology	The study of speech sounds or patterns in language.					RAGRAPH	CONTENT
Interrupt	To stop (a person) in the midst of doing or saying something.	should) • build reader	should) • build the confidence of the reader • address the reader directly in the second		1	thing they will	graph - A good opening also needs to engage your audience. It is the first hear (before they start to get distracted) so you need to get ed. Don't lose them at the start! One way to do this is to use an anecdote .
Tribulation	Severe trial or suffering		ives (e.g. 'you should', 'make	T - Triplets R - Repetition			r gument – Your main reason/justification of your argument. position on the statement
 HOW TO PRESENT YOUR SPEECH Communicate clearly, effectively and imaginatively, selecting and 		 sure that you', 'be careful to') raise questions and give answers lead to a clear conclusion about action to be taken 		I - Imperatives P - Personal Pronouns		Start with a shocking statistic Uses repetition Explains how the statement is incorrect using a range of fact A short sentence for impact	
and audience	e, style and register for different forms, purposes es.	Types of Sentence		3 Counter Argument - Counter-arguments should outline an idea or argument that			
	dicators that an audience is being addressed throughout.	Fragment An incomplete sentence (no subject verb agreement). "Nothing." "Silence everywhere."			opposite to your own ideas. They should begin with a connective. Include: Clear position on the statement Opens with a connective:		
and effect.	of vocabulary and sentence structures for clarity, purpose ff, e.g. 'Thank you for listening'	Simple A sentence with one independent clause "She went to the shop."		ent clause.		Uses statistics:	Explains how the statement is incorrect using a range of facts etorical question: <i>Why must this punishment</i> ?
-	nswer question on your chosen subject, answer clearly	Compound	Compound A sentence with multiple independent clauses. "She went to the shop and bought a banana"		4		er issues of a speech in which you give your viewpoint on this statement. position on the statement.
119	EFUL SENTENCE STARTERS - BEGINNING	Complex	A sentence with one independ		5 Sum up your argument/ encourage the audience to do something about your cause.		
	ljectives in a row	one dependent clause. "Sometimes, when she goes to the shop, she likes to buy a banana."		_	USEFUL SENTENCE STARTERS – MIDDLE/END		
•Britons today te •It is often said t •According to [cl •Starting with De •Starting with rh •A disgusting/dis •Minister of Edu •Is develop? Undou •Young people/p	end to believe / Common sense seems to say that hat / Many people assume that redible source] / Evidence suggests that espite / Starting with statistics etorical questions / Undeniable evidence suggests graceful/wonderful% cation/Health/Environment/Transport/Culture really something we can allow to	litter? To con one to hold information? T Who are y Why are y How old a What mat What do	WHAT IS YOUR AIM? your audience to do something yource your listeners that your ? To entertain your audience? To give instructions, a report, a Prepare your notes accordi WHAT IS YOUR AIM your audience? you speaking to them? are they? tters to them? you want them to do or feel? ald they listen to you?	point of view is a fair To share important advice or explanation?	•W •Th •Af •Or •If •If •Pr the •Ur •To •M •Th	hen one thinks o is is my reality. A ter years of expe- ne of my students you could spend you were a fly-on though it is true to oponents of X are y claim that requivocally, I wo ore deeply, how e more, the more	not surprising Y / I passionately believe f X, one imagines Y / I am a As a / Speaking as a / In my role as a / Being a I see rience as a / My sons, aged _ and s/patients/clients a day in my shoes as a you would soon find out h-the-wall of my classroom/office/home that Y, also X e right to argue that But they are exaggerating when But they are exaggerating when I propose that / My solution is to do Y / For, for we need ever, I would argue that / e, the more sentence annot (Can) / Without a doubt, / After all,

Pythagoras and trigonometry Student Knowledge Organiser

Key

Formula

 $a^2 + b^2 = c^2$

- a = side of right triangle
- b = side of right triangle
- c = hypotenuse

The **hypotenuse** (h) is the longest side. It is opposite the right angle.

The **opposite side** (*o*) is opposite the angle in question (*x*).

The **adjacent side** (*a*) is next to the angle in question (*x*).

Trigonometric Formula

What are the formulas for sin cos and tan?

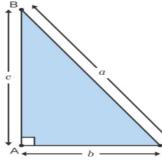
$$sin x = \frac{opposite}{hypotenuse}$$
$$cos x = \frac{adjacent}{hypotenuse}$$
$$tan x = \frac{opposite}{adjacent}$$

North East Learning Trust

Pythagoras

Right-angled triangles

Pythagoras' theorem states that for all right-angled triangles, 'The square on the <u>hypotenuse</u> is equal to the sum of the squares on the other two sides'. The hypotenuse is the longest side and it's always opposite the right angle.

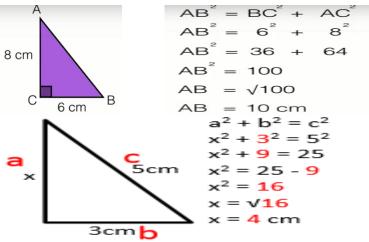


In this triangle $a^2 = b^2 + c^2$ and angle A is a right angle.

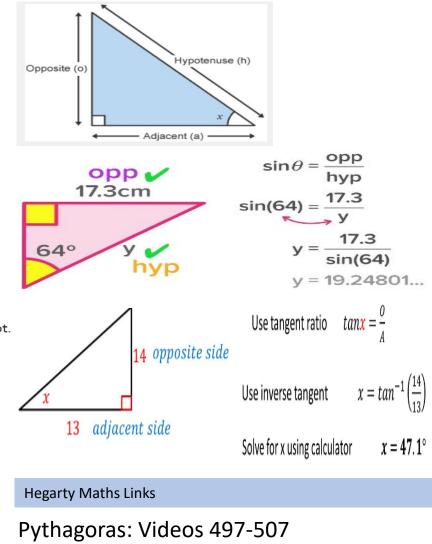
Pythagoras' theorem only works for right-angled triangles, so you can use it to test whether a triangle has a right angle or not.

In the triangle above, if $a^2 < b^2 + c^2$ the angle A is acute.

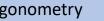
In the triangle above, if $a^2 > b^2 + c^2$ the angle A is obtuse.



Trigonometry

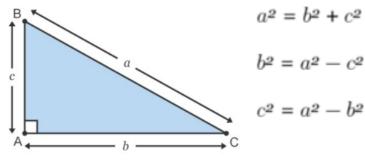


Right Angled Trigonometry: Videos 508-515

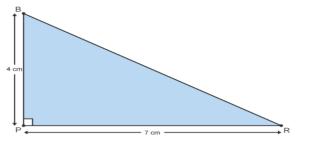


Pythagoras and trigonometry Student Knowledge Organiser

Pythagoras



Work out the length of the line BR, correct to 1 decimal place



A fireman has a ladder that is 13 metres long. If he wants to reach a window that is 12 metres above the ground, how far from the wall should he put the bottom of his ladder?

Peter's house is exactly 481m from school. To get home he walks 480m south and then he walks west. How far west does he have to walk?

A triangle has sides of length 23.8cm, 31.2cm and 39.6cm.

Is this a right-angled triangle?

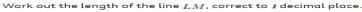
Show how you decide.

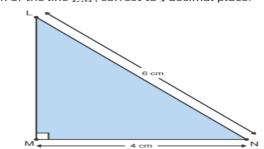


Pythagoras

a)

Ь)

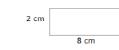




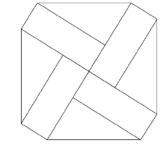
Which of the following triangles is right-angled?

B B CM B CM

Here is a rectangle.

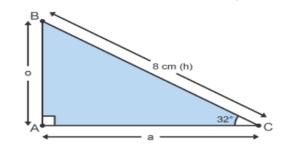


The 8-sided shape below is made from 4 of these rectangles and 4 congruent right-angled triangles.

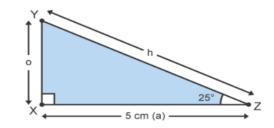


Trigonometry

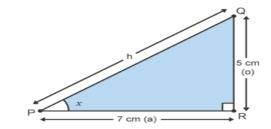
Calculate the length AB. Give the answer to one decimal place.

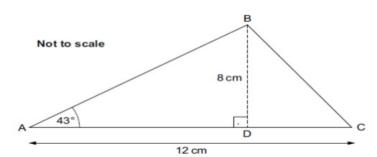


Calculate the length YZ. Give the answer to one decimal place.



Calculate the angle QPR. Give the answer to one decimal place.





Work out the perimeter of the 8-sided shape.

Calculate angle BCA.

Pythagoras Student Knowledge Organiser

Key words and definitions

Pythagoras: A Greek mathematician born in 570 BC Right angled Triangle: A Triangle with one angle exactly 90 degrees.

Hypotenuse: The longest side of a right-angled triangle that has position always opposite the right angle

Isosceles Triangle: a triangle with two equal sides and two equal angles. There is a unique Isosceles triangle that is also right angled. Angles would be 45-90-45

Pythagorean Triple : are three integers that form the sides of a right- angled triangle for example 3-4-5.

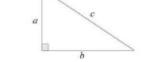
Pythagoras Theorem

Pythagoras Theorem links all three sides of a right angled Triangle together. Commonly we get two sides and need to find the third side

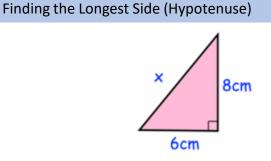
Pythagoras' Theorem

For any right angled triangle:

 $a^2 + b^2 = c^2$



Used to find missing lengths. a and b are the shorter sides, c is the hypotenuse (longest side).



Replace the values into the formula $a^2 + b^2 = c^2$

using a = 6cm and b = 8cm to give $6^2 + 8^2 = c^2$

 $36 + 64 = c^2$

 $100 = c^2$

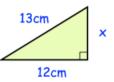
This would give the missing side as 10cm

Checking if a Triangle is Right Angled

With an inaccurate diagram or just three lengths. Carry out Pythagoras and see if the sum of the squares of the two shorter lengths are equal to the square of the longer side.

If Pythagoras Theorem holds true, these three sides form a right-angled triangle

Finding a shorter side (not the hypotenuse)

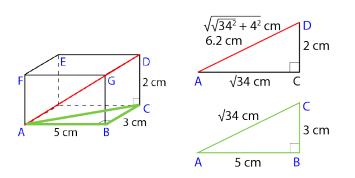


Replace the values into the formula $a^2 + b^2 = c^2$ using c = 13cm and a = 12cm to give $12^2 + b^2 = 13^2$ $144 + b^2 = 169$ $b^2 = 169 - 144$ $b^2 = 25$ b = 5 cm

This would give the missing side as 5 cm

Pythagoras In 3D

Commonly used as repeated Pythagoras. Using Pythagoras once to find the missing Length AC then again to find AD

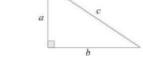


Hegarty Maths Links

Pythagoras: Videos 497-507

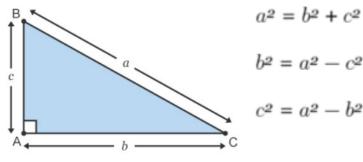


North East Learning Trust

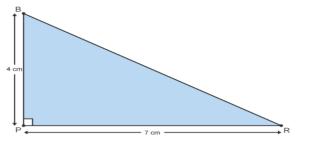


Pythagoras and Surds Student Knowledge Organiser

Pythagoras



Work out the length of the line BR, correct to 1 decimal place



A fireman has a ladder that is 13 metres long. If he wants to reach a window that is 12 metres above the ground, how far from the wall should he put the bottom of his ladder?

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A triangle has sides of length 23.8cm, 31.2cm and 39.6cm.

Is this a right-angled triangle?

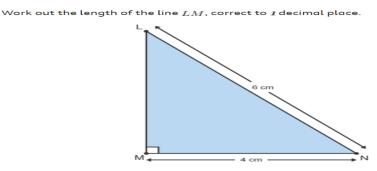
Show how you decide.



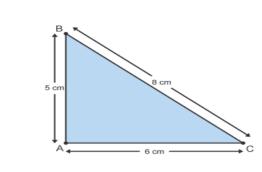
Pythagoras

a)

Ь)



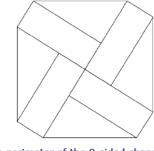
Which of the following triangles is right-angled?



Here is a rectangle.



The 8-sided shape below is made from 4 of these rectangles and 4 congruent right-angled triangles.



3D Pythagoras

ABCDEFGH is a cube with side length 5cm.

(a) Work out the length of AC

(b) Work out the length of AG

ABCDEFGH is a cuboid. AB = 6cm, BC = 2cm and CG = 3cm.

(a) Work out the length of BG

(b) Work out the length of BD

(c) Work out the length of HC

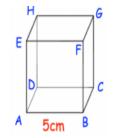
(d) Work out the length of AG

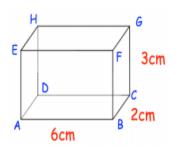
Shown is a triangular prism. Triangle ABC is a right angle triangle.

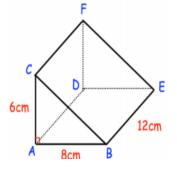
(a) Work out the length of BC

(b) Work out the length of CD

(c) Work out the length of BF







Work out the perimeter of the 8-sided shape.

Surds Student Knowledge Organiser

Key words and definitions

Integer: a whole number (could be positive or negative) **Prime number:** A prime number has only two factors - the number itself and 1. 1 is not a prime number

Rational Number: A number that can be whole or expressed as fraction $\frac{a}{b}$ where a and b are integers

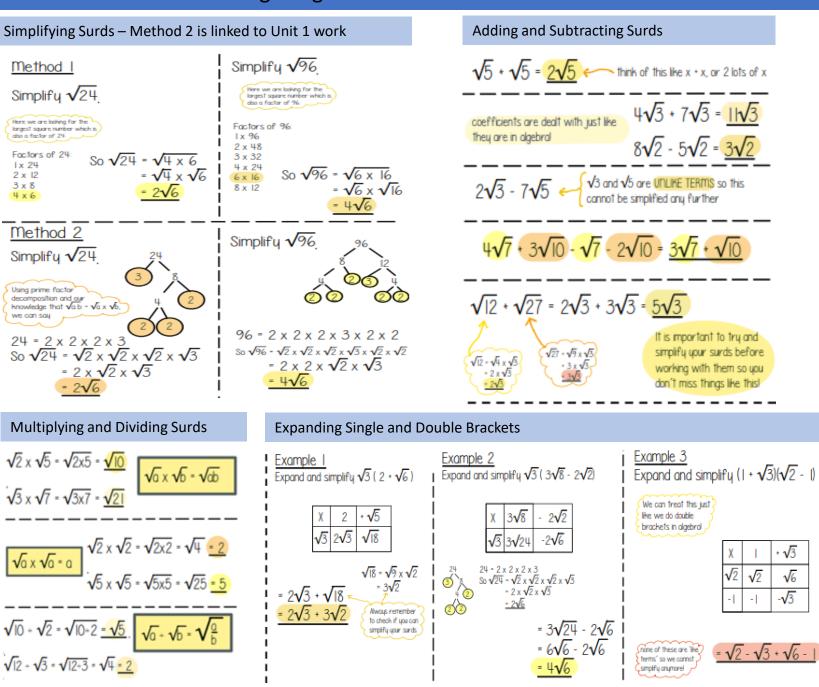
Irrational Number : any number than cannot be expressed as fraction. Generally, means decimal values with no recurring/pattern

Square Number: the result of multiplying an integer by itself **Surd:** An irrational number that is better expressed as a square root. If written as decimal they would continue forever with no pattern.

Surds are roots of numbers. Not every Root is a Surd

this can be simplified to 2. √5 √4 which is a rational number 5√6 this can be simplified to 3. 127 $\sqrt{2}$ which is a rational number 3√2 (√5) this can be simplified to 5 which is a rational number $\sqrt{1}$ √197





Surds Student Knowledge Organiser

Surds are almost exclusively a non-Calculator Topic at GCSE. You can use a calculator to check your answers. Type your question into the calculator, type your answer in, compare them.

Simplifying Surds – Exam Questions	Adding and Subtracting Surds	Multiplying and Dividing Surds	Expanding Single and Double Brackets
1) $\sqrt{12}$	1) $2\sqrt{3} + 3\sqrt{3}$	1) $\sqrt{12} \times \sqrt{6}$	1) $\sqrt{2}(1 + \sqrt{2})$
2) $\sqrt{50}$	2) $7\sqrt{7} - 3\sqrt{7}$	2) $\sqrt{50} \times \sqrt{8}$	2) $\sqrt{3}(2 - \sqrt{3})$
3) √72	3) $7\sqrt{5} - 3\sqrt{5}$	3) $\sqrt{14} \times \sqrt{28}$	3) $\sqrt{3}(2\sqrt{3}+1)$
4) √ <u>60</u>	4) $2\sqrt{7} - 3\sqrt{7}$	4) $\sqrt{30} \times \sqrt{10}$	4) $\sqrt{2}(3\sqrt{2}-2)$
5) √28	5) $2\sqrt{32} + 3\sqrt{2}$	5) $\sqrt{15} \times \sqrt{45}$	5) $2\sqrt{2}(1+2\sqrt{2})$
6) √ <u>96</u>	6) $2\sqrt{27} - 3\sqrt{3}$	6) $\sqrt{18} \times \sqrt{15}$	6) $3\sqrt{2}(2 - 2\sqrt{2})$
7) √ <u>108</u>	7) $2\sqrt{125} - 3\sqrt{80}$	7) $\sqrt{120} \times \sqrt{15}$	7) $2\sqrt{5}(3+4\sqrt{5})$
8) √32	8) $3\sqrt{24} - 3\sqrt{6}$	8) $\sqrt{32} \times \sqrt{8}$	8) $6\sqrt{2}(\sqrt{2}-6)$
	9) $\sqrt{108} + 2\sqrt{300}$	9) $3\sqrt{2} \times \sqrt{2}$	9) $(1 + \sqrt{2})(2 + \sqrt{2})$
	10) $5\sqrt{7} + 3\sqrt{28}$	10) $5\sqrt{5} \times \sqrt{5}$	10) $(2 - \sqrt{3})(2 + \sqrt{3})$
North East Learning Trust	11) $5\sqrt{294} - 3\sqrt{216}$	11) $2\sqrt{3} \times 3\sqrt{3}$	11) $(\sqrt{3}+2)(2\sqrt{3}+1)$

Sequences Student Knowledge Organiser

Key words and definitions

Difference – amount between two numbers, e.g. difference between 8 and 6 = 8 - 6 = 2

Term – A number in a sequence

Nth Term – The term at the nth position

```
Coefficient – A number in front of an algebraic term
e.g. coeffient of 3a^2 is 3
Linear sequence – has a constant difference between each
term
Quadratic sequence – has a constant second difference
between each term
```

Geometric sequence – has a constant multiplier to get to the next term

Nth term of linear sequences

Find the nth term of the linear sequence below :

```
5 8 11 14 17
+3 +3 +3 +3 - constant difference of +3
so coefficient of n is +3
```

Compare with sequence of +3n

Nth term = 3n + 2

For sequences that go up, you will have a **positive** coefficient of n.

For sequences that go down, you will have a **negative** coefficient of n.



When given patterns, turn them into number sequences to help continue and find the nth term of them. So the sequence above becomes :

```
3 5 7 ...
```

Pattern recognition and continuation

Next pattern will include 9 squares.

Common Sequences to know					
Square Numbers – 1 4 9 16 25 36					
Cube Numbers – 1 8 27 64 125					

Triangle Numbers – 1 3 6 10 15 ...

These numbers can be represented as a triangle of dots

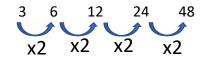
Fibonacci sequence - 1 1 2 3 5 8

These numbers are created by adding the two previous

terms in the sequence to get the next term

Recognising other sequences

Geometric sequences either multiply or divide by the same number to get to their next term



256 64 16 4 1 $\div 4 \div 4 \div 4 \div 4$

Quadratic sequences are sequences that include an n^2 in the nth term. Use the square numbers sequence to help describe the rule.



So the rule is $n^2 + 2$ or square numbers increased by 2

Hegarty Maths Links

Linear sequences – 196, 197, 198

Other sequences - 261, 263, 264



Sequences Student Knowledge Organiser

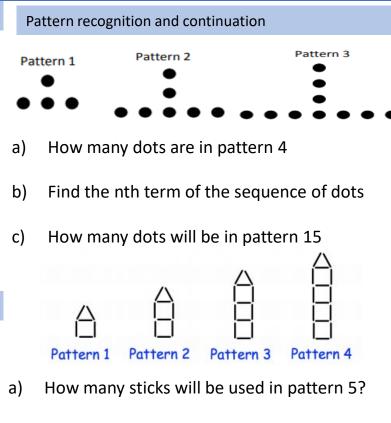
Nth term of linear sequences

Find the nth term of these linear sequences :

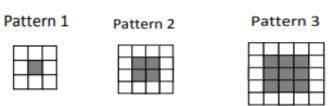
19 24 9 14 a) 19 b) 7 13 25 8 10 4 6 20 17 14 11 8 d) 11 6 1 -4 -9 e) -20 -24 -28 -32 -36 f)

Other Sequences

Find the next three terms of these sequences:



b) Find the nth term for the number of sticks



- a) How many grey and white squares are in pattern 4
- b) Find the nth term for the number of white squares

Fibonacci Sequence

Find the next two terms of these Fibonacci style sequences.

a)	2	4	6	10
b)	5	12	17	29
c)	3	7	10	17
d)	-1	-3	-4	-7

Applying knowledge

Q1. Find the **5**th term in each of the linear sequences described below:

- a) 2n 4
- b) 3n + 6
- c) 20 4n

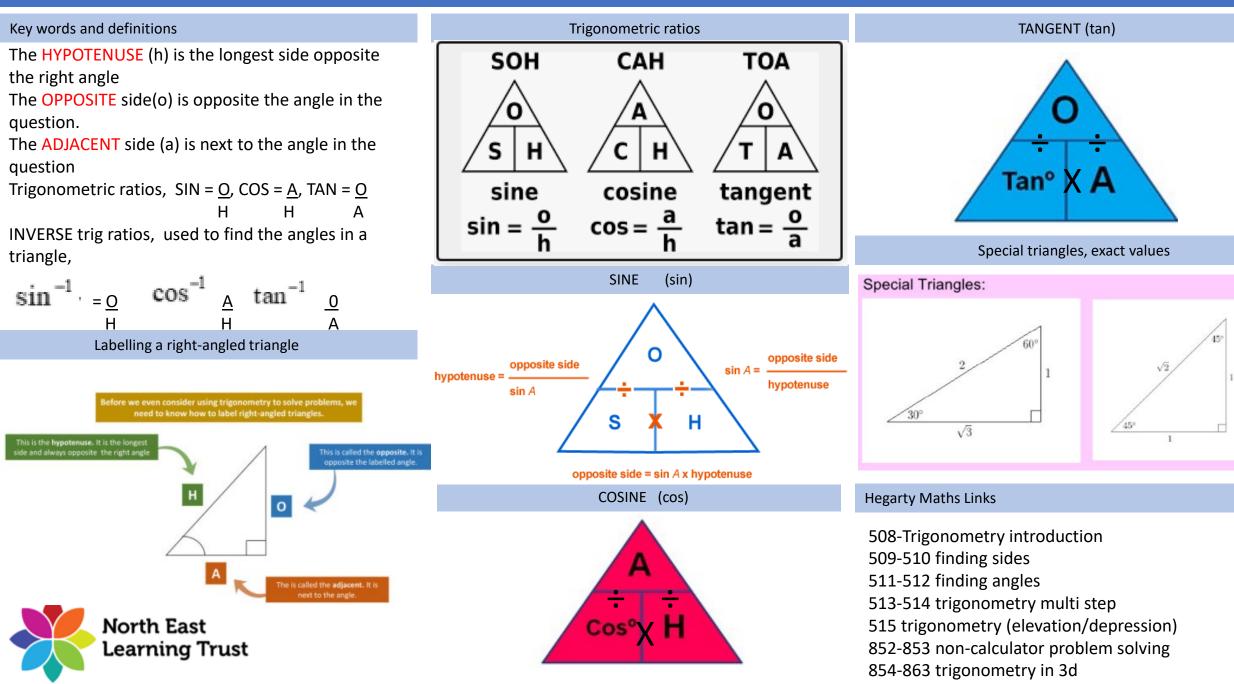
Q2. Jim claims that the term 387 is not in the sequence 4n - 1. Explain why he is correct.

Q3.	The	first	three	terms	of a	different	Fibonacci

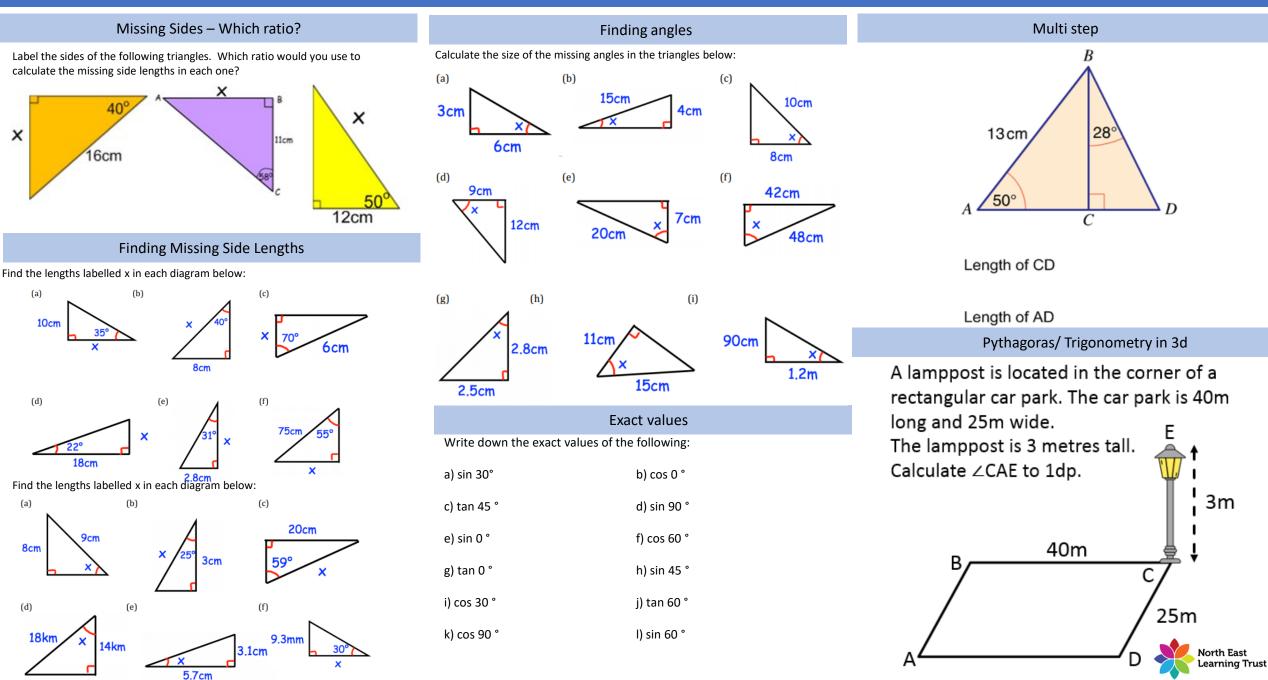
- sequence are a b a + b
- a) Show that the 6th term of this sequence is 3a + 5b
- b) Given that the 3rd term is 7 and the 6th term is 29, find the value of a and the value of b.



Trigonometry Student Knowledge Organiser



Trigonometry Student Knowledge Organiser



Probability Student Knowledge Organiser

Key words and definitions

Probability - the chance that a particular outcome will occur

Event – a single result of an experiment

Outcome - one of the possible results of an experiment

Theroretical probability – the probability that an outcome will occur based on all possible outcomes

Experimental probability – derived from the results of an experiment. The total number of successes divided by the total number of trials

Sample space – all the outcomes of an event, presented in table form

Probability scales

		Unlikely		Likely	
In	npossible	2	Even chance	2	Certain
	0 4	1 1 4	1 1 2	$\frac{3}{4}$	4 4
	0	0.25	0.5	0.75	1
	0%	25%	50%	75%	100%
		25%			

Prior knowledge

Convert between fractions, decimals and percentages

Represent information in a table

Simple Probability

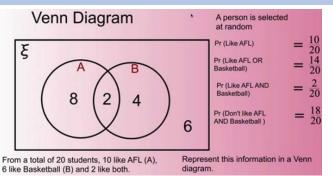
The probability of an event, denoted P(E), is the likelihood of that event occurring.

The Probability of an Event =

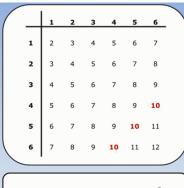
P(Event) = <u>the number of ways it can happen</u> the number of possible outcomes

Example – when rolling a die, P(4) = 1/6 as there is 1 4, and 6 numbers on the die

Venn diagram



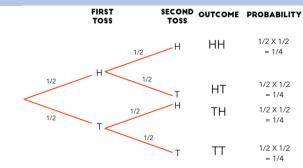
Sample space



When rolling 2 dice and adding the scores, the sample space diagram looks like this. The probability of an event can be calculate by counting the number of favourable outcomes and dividing by the total number of outcomes

Probability of getting a total of ten = $\frac{3}{36}$

Tree diagrams



Multiply as you move along the branches

Hegarty Maths Links

Probability of single events - 351, 352, 353

Sample space – 358, 359

Experimental probability – 356, 357

Venn Diagram – 372 – 382

Tree diagram – 361, 362, 363

Probability Student Knowledge Organiser

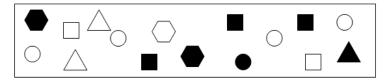
Numbers

Basic probability

1. The probability scale goes from 0 to 1. Write down what is meant by each of the following probabilities

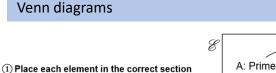
a. 0 Answer:

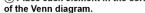
- b. 1/2 Answer: _____
- c. 1 Answer:
- A bag contains 4 Red, 3 Blue, 2 Green and 1 Yellow marbles. You ask a friend to pick out one marble at random. Calculate the following:
 - a. P(Red) =
 - b. P(Blue) =
 - c. P(Green) =
 - d. P(Yellow) =
 - e. P(Red or Green) =
 - f. P(Not Green) =
- g. P(Black) =
- A box contains the shapes shown below. You ask a friend to pick out one shape at random. Calculate the following:

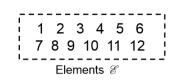


- a. P(Black Square) =
- b. P(Square) =
- c. P(Circle) =
- d. P(White Hexagon) =
- e. P(Black) =

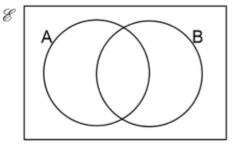






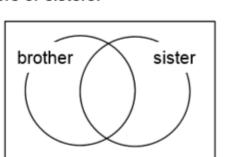


- $2.\,\mathscr{C}=\{8,9,10,11,12,13,14,15,16\}$
- A = {even numbers}
- B = {square numbers}
- (a) Complete the Venn diagram.



4. In a class of 32 pupils,
23 pupils have a brother,
14 pupils have a brother and a sister,
6 pupils have no brothers or sisters.

Write the number of pupils who belong in each section of the Venn diagram.



 A spinner has four equally sized sectors: three grey and one white. The spinner is to be spun twice.
 (a) Complete the tree diagram.

Tree diagrams

B: Factors

of 12

(b) An element is

picked at random.

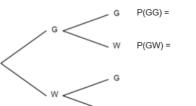
Work out:

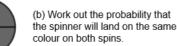
P(A') =

P(B') =

 $P(A \cap B) =$

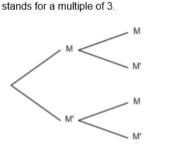
 $P(A \cup B) =$





(c) Work out the probability that the spinner will land on grey on at least one of the spins.

3. Angela is playing a game with two fair dice. She rolls both dice and wins a point for each die that lands on a multiple of 3.(a) Complete the tree diagram, in which M



(b) Work out the probability that Angela scores 2 points.

(c) Work out the probability that Angela scores at least 1 point.

(d) Work out the probability that Angela scores no points.

Sequences Student Knowledge Organiser

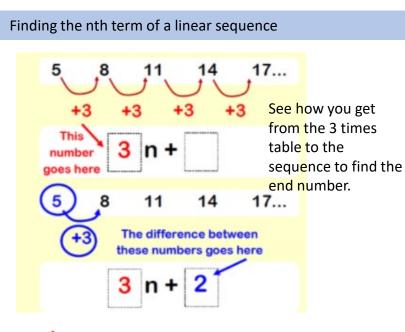
25

+13 +16 +19 +22 +25

+7

Key words and definitions

- Sequence-terms or numbers put in a set order. Term-the numbers/diagrams/letters in the sequence.
- Arithmetic-a sequence where the difference between the terms in constant.
- Geometric- a sequence where each term is found by multiplying the previous one by a fixed number. Nth term- the rule of the sequence.



North East Learning Trust

Finding the nth term of a quadratic sequence

+10

+7 +7

 n^{2} + 3n + 7: 11, 17, 25, 35, 47, 61 nth term = n^{2} + 3n + 7

+7

n:

Seq:

Worked

Amount needed to

map to original seg

+3n +

+3n:

Iteration

2nd Difference

 $+2 = n^2$

 $+4 = 2n^{2}$ +6 = 3n^{2}

and so on...

This line is

a new line

sequence

for you to

nth term of

to find the

find the

18

+7

25

15

+7

25

Iteration is when you put a starting value into a formula, complete the calculation and put that answer back in until you get the answer you need.

Substitute x_0 into the equation to find x_1 .	$x_1 = \sqrt[3]{7 - 2(2)}$	$x_1 = 1.44224957$
Put x_1 back into the equation to find x_2 .	$x_2 = \sqrt[3]{7 - 2(1.44224957)}$	$x_2 = 1.602535155$
Repeat until two consecutive terms round to the same number to 1 d.p.	$x_3 = \sqrt[3]{7 - 2(1.602535155)}$	$x_3 = 1.559796392$
1	x_2 and x_3 both round to 1.6 to 1 d.p. s	so a solution is $x = 1.6$

need	2x 3+2x-	
leave bill le	$x^3 = x = 3$	7-2×
as cut	e cost	
	2x3+2x-7=(ST
	$2x^3 + 2x = 7$	+ 2x
	2x3 =7-	2×
	x ³ = 7-	2×
	35 35	2
	x=3 57-	22

You may also be asked to rearrange a formula in iteration. This one said to show that the top equation could be wrote as the second.

Fibonacci sequences

A Fibonacci sequence is found by adding the two previous terms:

1, 1, 2, 3, 5, 8, 13, 21, 34, 55... Add togethe to get the next numbe

Hegarty Maths Links

198-Linear sequences (nth term)248- Find the nth term of a quadratic sequence927-Finding the nth term of a cubic sequence263-Fibonacci sequences264- Geometric sequences322-Iteration

Sequences Student Knowledge Organiser

Finding the nth term of a linear sequence

Find a formula for the nth term for each of the following sequences.

7, 13, 19, 25... 5, 10, 15, 20... -1, 1, 3, 5... 78, 69, 60, 51... -10, -25, -40, -55...

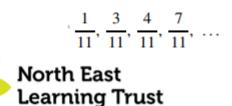
Fibonacci sequences

Find the next 3 terms in the Fibonacci style sequences: 2, 4, 6, 10, ...

15, 23, 38, 62, ...

35, 60, 95, 155, ...

0.11, 2.32, 2.43, 4.75, ...



Finding the nth term of a quadratic sequence

Find a formula for the nth term for each of the following sequences.

1, 5, 11, 19, 29... 7, 20, 39, 64, 95...

5, 12, 21, 32, 45... 6, 24, 52, 90, 138...

Finding the nth term of a cubic sequence

Use the Hegarty Maths clips to help find the nth term in the cubic sequences:

9, 16, 35, 72, 133... 3, 20, 63, 144, 275... 8, 21, 46, 89, 156...

Iteration

Using
$$x_{n+1} = 8 - \frac{5}{x_n^2}$$
 with $x_0 = 1$

find the values of x_1 , x_2 , x_3 and x_4

Show that the equation $x^3 + 2x = 1$ can be rearranged to give

 $x = \frac{1}{2} - \frac{x^3}{2}$

Using $x_{n+1}=rac{20}{x_n^2}-7$ with $x_0=-9$

find the values of x_1 , x_2 and x_3

Probability Student Knowledge Organiser

Key words and definitions

Event: one or more outcomes from an experiment Outcome: the result of an experiment. I

Intersection: elements (parts) that are common to both sets

Union: the combination of elements in two sets. Expected Value: the value/ outcome that a prediction would suggest you will get Universal Set: the set that has all the elements Systematic: ordering values or outcomes with a strategy and sequence

Combinations

To find the total number of outcomes for two or more events. multiply the number of outcomes for each event together. This is called the product rule because it involves multiplying to find a product.

Example

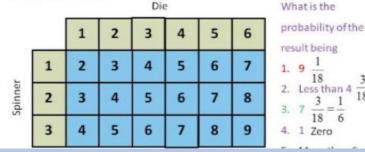
A restaurant menu offers 4 starters, 7 main courses and 3 different desserts. How many different three-course meals can be selected from the menu?

Multiplying together the number of choices for each course gives $4 \times 7 \times 3 = 84$ different three-course meals.



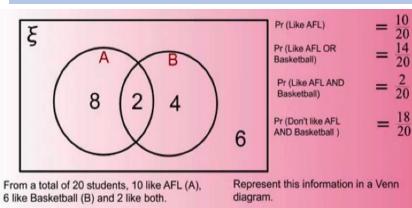
Sample Space

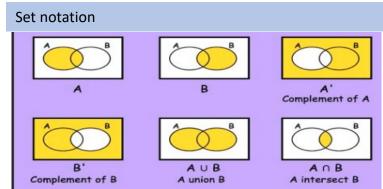
A fair three sided spinner numbered from 1 to 3 is spun and a six sided die is rolled. The scores are added together. Put the results into the probability space diagram below.



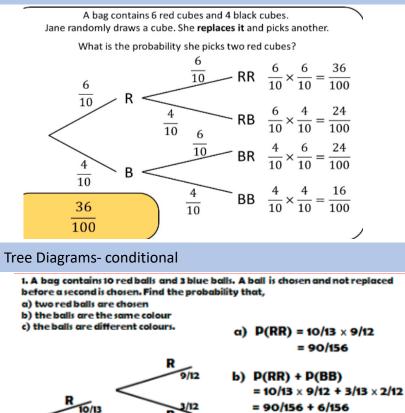
18

Venn Diagrams





Tree diagrams - unconditional



10/12

2/12

= 96/156

P(RB) + P(BR)c) = 10/13 × 3/12 + 3/13 × 10/12 = 30/156 + 30/156

= 60/156

Hegarty Maths Links

3/13

Tree Diagrams 361-362 Set notation 381-382 Sample space 359 Venn diagrams- 378-391

Probability Student Knowledge Organiser

Combinations

There are three dials on a combination lock. Each dial can be set to one of the numbers 1, 2, 3, 4, 5 The three digit number 553 is one way the dials can be set, as shown in the diagram.

(a) Work out the number of different three digit numbers that can be set for the combination lock.

(b) How many of the possible three digit numbers have three different digits?

Sample Space

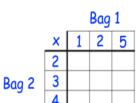
Question 1 Two bags, 1 and 2, each contain three counters. In bag 1, the counters are labelled 1, 2 and 5. In bag 2, the counters are labelled 2, 3 and 4.

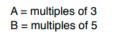
A counter is drawn at random from bag 1 and a counter is drawn from bag 2.

- The two numbers are multiplied together to give a score
- (a) Complete the table to show all possible scores
- (b) Find the probability of scoring a 6
- (c) Find the probability of scoring a multiple of 4
- (d) Find the probability of scoring an odd number





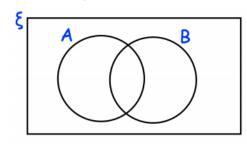




(a) Complete the Venn diagram

Venn Diagrams and set notation

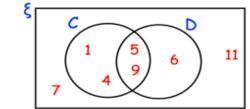
 $\xi = \{1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16\}$



One of the numbers is selected at random.



Here is a Venn diagram



Write down the numbers that are in set

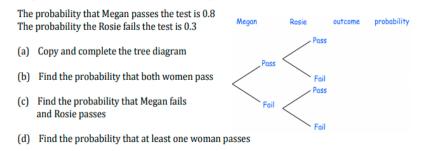
(a) D

(b) C ∪ D

(c) C'

Tree Diagrams

Megan and Rosie sit their driving tests.



(3)

....

.....

.....

Harry goes to an arcade. He has one go on the Teddy Grabber and one go on the

Penny Drop. The probability that he wins on the Teddy Grabber is $\frac{1}{3}$ The probability that he wins on the Penny Drop is $\frac{2}{5}$



(b) Work out the probability that Harry loses on the Teddy Grabber and he also loses on the Penny Drop

(c) Work out the probability that Harry wins on exactly one machine

Drop is 45			
Teddy Grabber	Penny Drop	outcome	probability
	$\frac{2}{5}$ Win	WW	$\frac{1}{3}\times\frac{2}{5}=\frac{2}{15}$
$\frac{1}{3}$ Win	\langle		
	Lose		
	Win		
Lose	<		

The	probability that a bus arrives late is 0.1
Vict	or is travelling by bus on Monday and Tuesday.
(a)	Show this information on a tree diagram

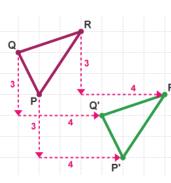
(b) Calculate the probability that the bus is on time both days.

Key words and definitions

- Centre of Enlargement- The point that a shape is enlarged from. Centre of Rotation- The point that you place your pencil on the rotate a shape.
- Enlargement- Making a shape bigger or smaller.
- Rotation-Turning a shape around.
- Reflection- Drawing the mirror image of a shape.
- Scale Factor- How many times bigger or smaller you make a shape.
- Transformation- Changing a shape.
- Translation- Moving a shape.
- Vector- A pair of numbers written one on top of the other that describe how a shape is translated.



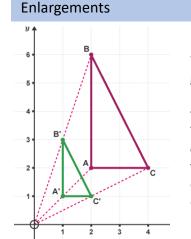
Translations



- To translate a shape you move it a given number of squares, up down left or right.
- These could be given as a vector, the **R'** first number in the vector saying how far left and right, and the second number saying how far up or down. Up and right as positive numbers, down or left are negative numbers.

E.g. In the diagram PQR has been translated to P'Q'R' by the vector 4 _3/

When describing a translation state the vector it has been translated by.



When enlarging a shape, you'll be given a scale factor, this is number that tells you how many times bigger a shape is getting. You will also be given a centre of enlargement, when you enlarge your shape the distance from the centre of enlargement is also enlarged.

-5 -4 -3 -2

1 2 3 4 5 x

If you get a fractional scale factor, it make the shape smaller not larger.

For example on the question above the shape ABC has been enlarged by $\frac{1}{2}$ and has a centre of enlargement at (0,0). If you've enlarged your shape correctly you should be able to draw a straight line from each corresponding corner to the centre of enlargement.

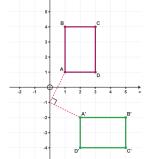
When describing an enlargement always state the scale factor and centre of enlargement, this can be found by drawing lines connecting the corresponding corners and seeing where they cross.

Reflection

To reflect a shape draw its mirror image on the opposite side of the reflection line. ensuring it's the same distance from the line as the original shape.

When describing a reflection always state the equation of the line it has been reflected.

Rotations

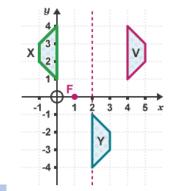


To rotate a shape:

- Draw your shape onto tracing paper
- 2) Use your pencil to pin your tracing paper to the page with the tip on the centre of rotation.
- Rotate the shape round the correct number of degrees. Then, using this as reference, draw the shape in the correct position.

When describing a rotation always state how many degrees its rotated, whether its clockwise or anti-clockwise, and what the centre of rotation is.

Combined



Sometimes transformations can be combined.

For example in this question V has been reflected in the line x=2 to get X, then X has been rotated 180° around the point (1,0).

When doing multiple transformations do one part at a time, drawing each shape a long the way.

Hegarty Maths Links

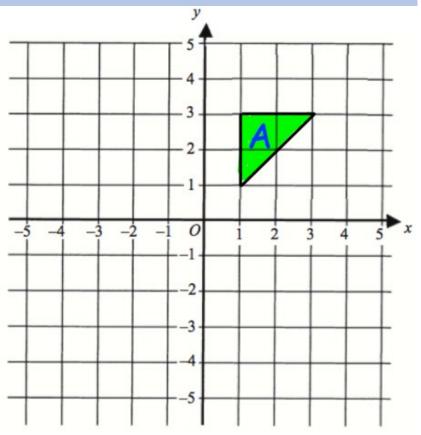
Translations-637 and 638 Enlargements- 642-647 Reflections- 639-641 Rotations- 648-649 Describing Transformations- 650-654 Combined Transformations- 656-657

Anti-clockwise

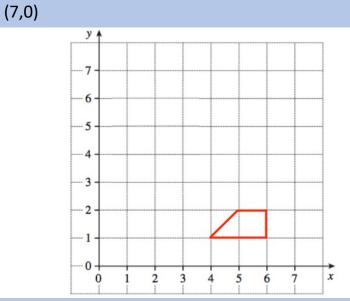
Enlarge the trapezium by a scale factor of 2, centre

a) Translate shape A by the vector $\begin{pmatrix} -3 \\ 1 \end{pmatrix}$, name it shape B

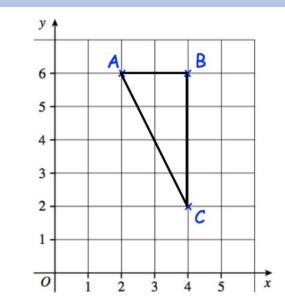
- b) Reflect shape A in the line y=-1, name it shape C
- c) Rotate shape A 180° clockwise around (0,0), name it shape D



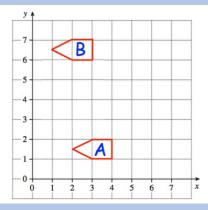




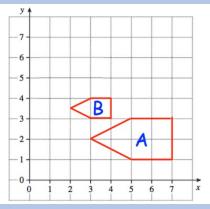
Enlarge the triangle by a scale factor of $\frac{1}{2}$, centre (0,0)



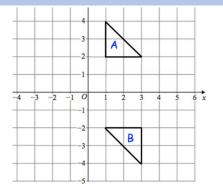
Describe the transformation of Shape A to Shape B



Describe the transformation of Shape A to Shape B



Describe the transformation of Shape A to Shape B



Key words and definitions

Enlarge - To make a shape larger (or Smaller)

Reflect – To produce an image of a shape as seen in a mirror

Rotate – To turn a shape about a centre point

Translate – To move a shape left or right and up or down

Column Vector - Used to describe a translation $\binom{x}{y}$ with x being left

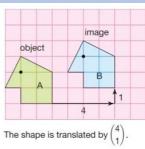
or right, y being up or down.

Congruence – Two shapes are congruent if they are both the same size and shape.

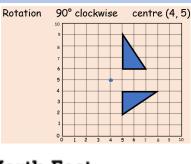
Similarity – Two shapes are similar if one is an enlargement of the other.

Scale Factor – By multiplying each side of a shape by this number you produce an image that has been enlarged.

Translation

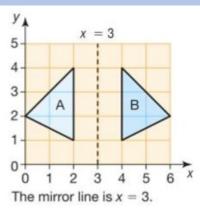


Rotation



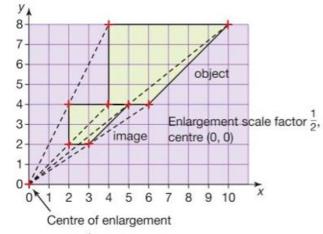


Reflection



Enlargement

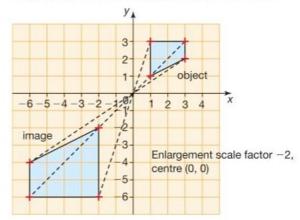
Enlargement with a fractional scale factor reduces the size of the shape.



Scale factor $\frac{1}{2}$: all lengths on the image are half the corresponding lengths on the object.

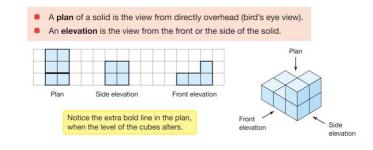
Enlargement – Negative Scale factor

Enlargement with a negative scale factor produces a shape upside down on the opposite side of the centre.



Scale factor -2: all lengths on the image are twice the corresponding lengths on the object; the image is inverted.

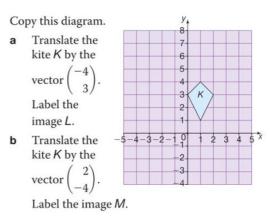
Plans and Elevations



Hegarty Maths Links

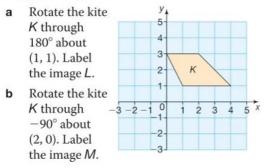
Translations – 637,638 Reflections – 639-641 Rotations – 648,649 Enlargement – 642 – 647 Describing Transformations – 650 – 654 Combined Transformations – 656,657 Similarity - 608-614 Plans and Elevations – 837-844

Translation



Rotation

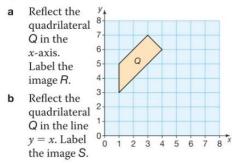
Copy this diagram.





Reflection

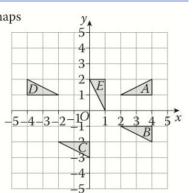
Copy this diagram and extend the *y*-axis to -8.



Describing Transformations

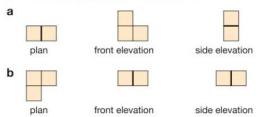
Describe fully the transformation that maps

- **a** triangle *A* to triangle *B*
- **b** triangle *C* to triangle *B*
- **c** triangle B to triangle D
- **d** triangle D to triangle A
- **e** triangle E to triangle A.



Plans and Elevations

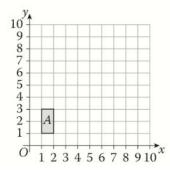
The plan, front elevation and side elevation are given for these solids made from cubes. Draw a 3D sketch of each solid and state the number of cubes needed to make it.



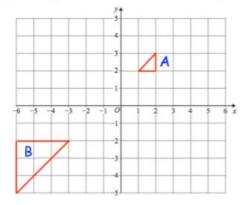
Enlargement

Copy this diagram. Enlarge rectangle *A* by scale factor 3,

centre (0, 0). Label the image B.



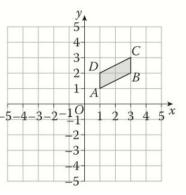
Describe fully the single transformation that takes shape A to shape B.



Combinations of Transformations

Copy this diagram.

- a Reflect *ABCD* in the *x*-axis, and label the image *A'B'C'D'*.
- b Rotate A'B'C'D' by 180° about the origin, and label the image A"B"C"D".
- **c** Find the single transformation that maps *ABCD* to *A"B"C"D"*.



Y9 ART: ANIMALS

		Abstrac
Key Figures		Amalga
	Sarah Esteje is an illustrator and photographer born in 1987. She studied art in Paris at both	Backgro
	LISAA and Gobelins School of the Image, Paris.	Biro Pe
	Franz Marc (1880-1916) was a German painter	Blendir
3	and printmaker, one of the key figures of	Collage
	German Expressionism.	Colour
	Henri Rousseau (1844-1910) was a French	Colour
	painter who was known for his richly coloured and meticulously detailed pictures of lush	Form
	jungles, wild beasts, and exotic figures.	Illustrat
		Line
	Poly Printing is a process of using a polystyrene sheet to create repeat prints.	Line dra
		Poly pri
and the second		Printma
SMSC Creative th	inkers, Cultural, Reflective learners 🛛 🚳	Tone

Timeline

Knowledge links: Science, English, Technology, Geography, History,

Key Terms	
Abstract	Relating to or denoting art that does not attempt to represent external reality, but rather seeks to achieve its effect using shapes, colours, and textures.
Amalgamation	The action, process, or result of combining or uniting.
Background	The part of a picture, scene, or design that forms a setting for the main figures or objects, or appears furthest from the viewer.
Biro Pen	A ballpoint pen, also known as a biro, ball pen, or dot pen is a pen that dispenses ink over a metal ball at its point, i.e. over a "ball point".
Blending	The technique of gently intermingling two or more colours or values to create a gradual transition or to soften lines.
Collage	The process of layering materials such as paper onto a background.
Colour	What the eye sees when light is separated.
Colour symbolism	Colour symbolism is the use of colour as a representation or meaning of something that is usually specific to a particular culture or society.
orm	An element in art where an object appears to have three-dimensions.
llustrator	A person who draws or creates pictures for magazines, books, advertising etc.
ine	A line is a mark made in art. A line has a width and a length. A line can be straight, curved, continuous, dashed or broken.
ine drawing	Any image that consists of distinct lines placed against a background, without gradations in shade or hue.
oly print	A method of printmaking using polystyrene sheets.
Printmaker	A person who makes pictures or designs by printing them from specially prepared plates or blocks.
one	Light to dark shade used to create form in an artwork.
wo-dimensional	Flat in appearance – without thickness.



Introduction:

You need to introduce your investigation telling the reader:

- Why you have chosen this task
- What you need to investigate in order to complete the task
- How you plan to investigate (internet, books, visits, etc)

This should take up ½ a page on the rest on the page you should start your background information (see below)

Background information:

Use the internet, recipe books, menus to complete the following questions:

- How is 'International Cuisine' defined? Find the definition on an online dictionary.
- What influences the cuisines (or cookery) of particular countries?
- Who or what promotes or affects international cuisine? (think about celebrity chefs, importing food goods, foods grown in the country, weather, price of ingredients)
- What is the customer demand in the UK for international food (ethnic groups who live in the UK, international travel, speed of importing goods)?
- Explain the impact that international cuisines have had in your area (range of food outlets, food ranges in supermarkets, carnivals). How many ______ restaurants in Peterlee are there? How many ______ restaurants are there in Shotton? Use <u>www.yell.com</u>
 1 mark
- Investigate the quality and range of manufactured international food available to the caterer. (go onto <u>www.asda.co.uk</u> and compare two ready meals from the country of your choice. Comment on the cost, packaging, ingredients used, presentation, nutritional content per portion- Are they healthy? Do these products meet government guidelines?- 5 a day, balanced diet. Do they contain additives/colourings.) Type up your findings. You must consider the nutritional content of these foods.

Choose one country to investigate in more depth.,

- Background information
- The country I have chosen to study in more depth is.....
- This is because.....
- It has a population of..... people
- The religion in this country is
- The staple foods of this country are...
- The foods that grow in this country are...
- The following are traditional dishes....
- Conduct a survey or visit to a restaurant.

Write a conclusion at the end of your research.

	Italian					
	Basic skills		Medium skills		High skills	
1.	Tiramisu with store	1.	Vegetable lasagne with store	1.	Tiramisu (med?)	
	bought sponge fingers		bought pasta	2.	Panna Cotta	
2.	Pizza using shop bought	2.	Focaccia	З.	lasagne with HMD pasta	
	base	3.	Grissini (breadsticks)	4.	mascarpone and homemade pesto	
3.	Bruschetta + simple	4.	Ciabatta bread		stuffed chicken breast wrapped in parm	
	topping	5.	Risotto (any type)		ham and served with a mushroom risot	
		6.	Pizza		stuffed pepper	
		7.	Spaghetti bolognaise	5.	tiramisu torta	
		8.	Cannelloni with shop bought pasta	6.	salmon with salsa verde and	
			tubes		accompaniments	
		9.	Arabiata sauce and shop bought	7.	chicken carbonara served with tagliatel	
			pasta		HMD pasta	
		10.	Store bought pasta with	8.	Chicken parmesan	
			homemade sauce	9.	Gnocchi	
		11.	Ricotta cheesecake (medium?)	10.	Any homemade pasta with homemade	
		12.	Individual Spinach and ricotta		sauce	
			bread and butter pudding	11.	Parmesan crisps (garnish)	
				12.	Biscotti (accompaniment)	
				13.	Sweet ravioli with mascarpone and hon	
					HMD pastry	
				14.	Spinach and ricotta cannelloni HMD pas	

🗧 Year 9 - Computing - Advanced Image Editing - Knowledge Organiser 🙆

	Key Words
Vector 🖪 🚰 Image 🛃 🏹	 Is created in graphics packages and consist of shapes called objects. Even if an object in a vector graphic is quite large, it doesn't need a lot of computer. memory. Therefore the file size of a vector graphic is often very small. Are scalable - i.e. when you resize them, they do not lose quality.
Bitmap (raster) Image	 Is composed of many tiny parts, called pixels. The pixels are often many different colours. It is possible to edit each individual pixel. Since the computer has to store information about every single pixel in the image, the file size of a bitmap graphic is often quite large. Are NOT scalable - i.e. when you resize a bitmap graphic, it tends to lose quality.
Manipulation	• Transforming or altering an asset using methods/techniques to achieve desired results.
Composition	• Is the result of 2 or more images that have been combined or overlaid.
Layer	 Photoshop layers are like sheets of stacked acetate. Transparent areas on a layer let you see layers below. You use layers to perform tasks such as compositing multiple images, adding text to an image, or adding shapes.
Client brief	 Outlines the client's objectives, expectations, target audience, budget, timeline, and any specific requirements or constraints that must be considered
Target audience	 A group of people identified as likely customers of a product. The product should be developed with them in mind so they are more likely to buy.

Why someone might use Photoshop to manipulate an image.

- To improve it in some way, e.g. by removing a spot from a supermodel's nose!
- To use as proof that something actually happened, e.g. UFO flying over your house!
- To provoke a shock reaction.
- To create a piece of art.

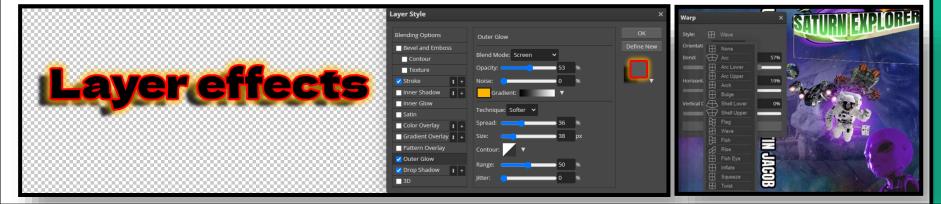
File Types.

- . JPG (Lossy) Joint Photographic Experts Group, does not keep transparency.
- . PNG (Lossless) Portable Network Graphic, good for images in colour, larger file size than a jpeg, keeps transparency.
- . TIFF (Lossless) Tagged Image File Format, not used on the WWW due to its very large file size, file standard in printing.

හු Ctrl + D		Deselect
Ctrl + T		Free transform
Ctrl + alt + :	z	Go backwards a step
Ctrl + "-"	(or use +)	Zoom in and out

Layer effects





il/elle va [he/she goes] nous allons [we go] j'utilise [I use] il/elle utilise [he/she uses] nous utilisons [we use]

Je vais [I go]

je prends [I take] il/elle prend [he/she takes] nous prenons [we take]

en bus [by bus] parfois quelquefois en train [by train] [sometimes] en bateau [by boat] en voiture [by car] souvent [often] en avion [by plane] tout le temps à vélo [by bike] [all the time] à pied [on foot] de temps en temps [from time to time] rarement [rarely] toujours [always] le bus [the bus] le train [the train] tous les jours [every day] le bateau [the boat] la voiture [the car] régulièrement [regularly] l'avion [the plane]

Year 9 Sentence Builder 7 Travel and transport

aller au collège [to go to school]

visiter la famille [to visit family]

sortir avec les amis [to go out with friends]

rencontrer les amis [to meet friends]

afin de / d'

[in order to]

pour

aller aux magasins [to go to the shops]

faire de l'exercice [to do some exercise]

aller à la plage [to go to the beach]

aller en vacances [to go on holiday]

aller à l'étranger [to go abroad]

Year 9 Sentend The enviro		en voiture [by car] en avion [by plane]		je recyclerai [I will recycle]	le verre [glass] le papier [paper] les bouteilles [bottles]
Récemment [Recently] Hier [Yesterday] La semaine dernière [Last week]	j'ai utilisé [l used]	trop d'électricité [too much electricity] tant d'eau [so much water] trop de plastique [too much plastic]	mais dans le futur [but in the future] mais demain [but tomorrow]	j'utiliserai [I will use] je n'utiliserai pas [I won't use]	moins d'électricité [less electricity] autant d'eau [as much water] les transports en commun [public transport] le bus / le train / mon vélo [the bus / the train / my bike]
	j'ai pris [I took]	un bain [a bath] la voiture [the car]		je prendrai [I will take]	une douche [a shower] les transports en commun [public transport] le bus / le train / mon vélo [the bus / the train / my bike]

Common Instruments

Vocals

Keyboard/Piano/Synthesiser

Guitar (Electric and Acoustic

Bass Guitar

Drums



Common Structures

- 32 Bar Song Form AABA, 8 bars each
- Strophic same melody, different lyrics
- 12 Bar Blues 12 bars (1111, 4411, 5411)

Verse - repeated often with different words

Chorus - repeated after each verse

Riffs – a repeated phrase

Middle 8 – section in the middles of the song. Used to break it up between verses/chorus

Bridge – short contrasting section to transition

Fill – short drum solo

Instrumental Break – only instruments play

Intro/Outro - beginning/end of a song

Popular Music – Y9 T3

Common Features

 $\label{eq:limprovisation-making} \mbox{ Improvisation} - \mbox{ making it up on the spot}$

 $\label{eq:Melismatic} \text{Melismatic} - \text{lots of notes to one syllable}$

Syllabic – one note per syllable

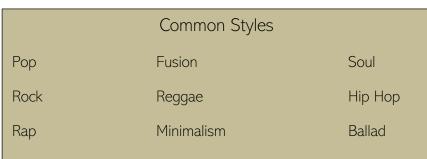
Syncopation – off beat

 $\label{eq:constraint} \text{Driving rhythms} - \text{push the music forward}$

Primary Chords – Chords 1, 4 and 5

Secondary Chords – the dominant chord of one of the other major or minor triads





Music Technology

 $\ensuremath{\mathsf{Loop}}\xspace$ – an idea recorded and repeated over

Sample – a short clip of previously recorded music

Panning – making sound come from the left or right speaker

Phasing – an effect that combines an audio signal with a short delay to create phase differences. A bit like a place passing by!

Computer Generated Sounds – sounds made by a computer

Synthesised/Electronic – music produced by electronic means

Reverb – an effect that can be added to voices/instruments that makes them sound like they are in a concert hall (or bathroom!)

Echo - a delay effect by repeating the sound slightly after the original

Amplified – sounds made louder by means of electronic signal

Acoustic – natural sound

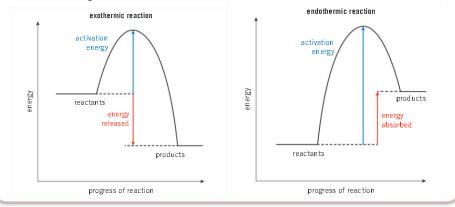


Year 9 Science Chemical Changes

Energy changes

During a chemical reaction, energy is transferred either:

- to the surroundings exothermic temperature of the surroundings increases
- from the surroundings endothermic temperature of the surroundings decreases



Bond energies

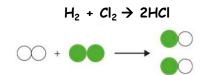
Chemical bonds occur between atoms. In order for a chemical reaction to occur, bonds are broken before new ones are made between different atoms.

- Breaking bonds- endothermic- energy is taken in
- Making bonds exothermic energy is released

Bond energy example calculation

Bond energy values can be used to predict whether a chemical reaction will be exothermic or endothermic.

Taking the following reaction as an example:



Bond type	Bond energy (kJ/mol)
н-н	436
CI-CI	243
H-Cl	432
Overall energy = energy requ	

transferred to break bonds when making bonds The energy required to break bonds in H2 and Cl2 is 436 + 243 = 679 kJ/mol

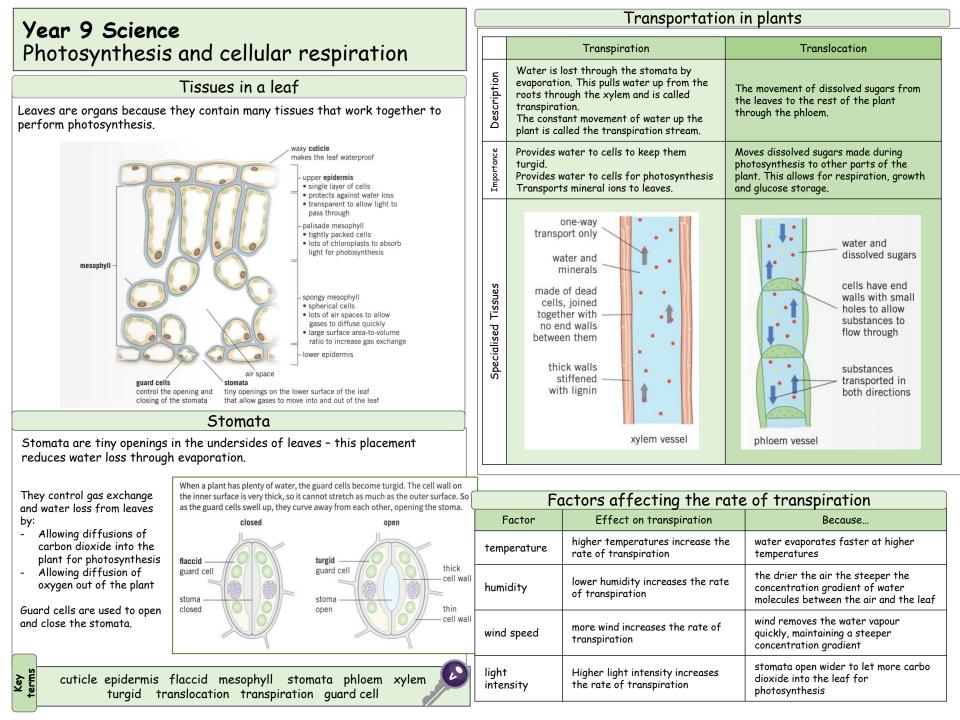
The energy released on making bonds in HCl is (2x432) = 864 kJ/mol

Overall energy transferred = 679-864 = -185 kJ/mol \rightarrow exothermic

Summary **Energy transfer** Everyday uses Reaction Temperature changes Examples Bonds Increase of surroundings Exothermic To the surroundings Combustion Hand warmers More energy released, than needed for bonds to break Neutralisation temperature Endothermic From the surroundings Decrease of surroundings Thermal decomposition Sports injury packs Less energy released, than needed for bonds to break Melting and boiling Freezing and condensing temperature Ley

Year 9 Science Earth and atmosphere 2

The Earth's changing atmosphere				G	reenhouse effect and global warming
Period	Proportions of gases		Evidence		se gases such as carbon dioxide, methane and water vapour diation from the sun and maintain the temperature on Earth.
~ 4.6 billion years to 2.7 billion years ago	atmosphere. O ₂ - Very little oxygen present N ₂ - Released by volcanoes	Very little oxygen present Released by volcanoes – Released by volcanoes. Existed as vapour -Earth		During the earth cool heat becon years, hun	e day, the Sun warms the earth's surface, whilst at night the s and releases the heat back into the atmosphere. Some of the mes trapped – this is the Greenhouse effect . In the last 200 nan activities have led to an increase in the release of e gases through burning of fossil duels and deforestation.
	Ammonia and methane may also have be	en present.	atmosphere rich in CO ₂		Climate change
~ 2.7 billion years to 200 million years ago	 years to Water condenses to form oceans, which CO₂ 200 million dissolves in. years ago Algae start to photosynthesise using CO₂. 		Still limited. Look at processes such as photo-	This is known on the pla	rming leads to changes in the weather patterns across the globe. own as global climate change. Climate change has numerous effects net: Rising sea levels, changes in the amount of rainfall, polar ice ing and extreme weather events.
	 CO₂ precipitates in the oceans as car rocks 		synthesis to make theories.		Earth's Resources
	 CO₂ taken in by plants and animals. Trapped as fossil fuels for millions of years O₂ - Increases due to evolving plants releasing during photosynthesis N₂ - Continues to increase through volcanic release H₂O - Decreases as the Earth cools, condensing to form 			transport. by scientist Finite resou	th's resources to provide us with warmth, fuel, shelter, food, and These can be natural (timber, fuel) or synthetic resources made 's. Resources can also be categorised as finite or renewable . Inces such as fossil fuels will run out. Wood is a renewable is trees can be grown to replace any that are cut down.
	seas and oceans				Water
~ 200 million	CO ₂ – about 0.04%. O ₂ – about 21%		Ice core evidence.	Туре	What is in it? How is potable water made?
years ago until the	N ₂ - about 78% H ₂ O - Very little overall. Collects in clo	uds.	Global measure-	Pure	Just water molecules.
present day	A small proportion of other gases		ments.	Potable	Water molecules, low level of salts, safe levels of harmful microbes
	Pollutants			Salty	Water molecules, high levels of salts, high levels of harmful microbes. Desalination is the process to turn salt water into
. Pollutant	Origin	Eff	ect		potable water, either through distillation or reverse osmosis.
со	Incomplete combustion	Colour/odour	less toxic gas	Fresh	Water molecules, low level of salts, often high levels of harmful microbes. To produce potable water, fresh water is
Particulates	Incomplete combustion	Global	dimming		passed through filters to remove larger objects before being
50 ₂	Sulfur impurities	Acid rain/respiratory			sterilised to kill microbes with ozone, chlorine or UV light.
Nitrogen oxid	es Heating of nitrogen in air	Acid rain/res	piratory issues		Resources
Key terms	Acid rain atmosphere carbon tootprint pollutant				erials are made from natural resources that have limited supplies . shed with a product, it can be: added to landfill, incinerated, reused n for a similar purpose) or recycled (conserves resources and ess energy than creating new materials).

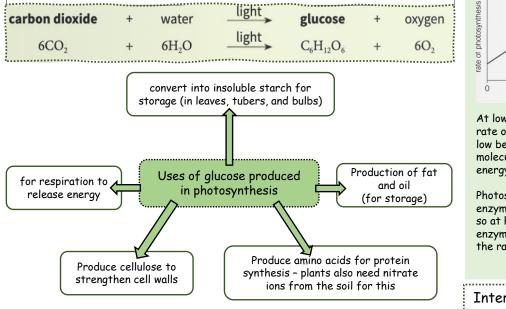


Year 9 Science Photosynthesis and cellular respiration

Photosynthesis reaction

Photosynthesis is a chemical reaction in which energy is transferred from the environment as light from the Sun to the leaves of a plant. This is an endothermic reaction.

Chlorophyll, the green pigment in chloroplasts in the leaves, absorbs the light energy. Leaves are well adapted to increase the rate of photosynthesis when needed.



Inverse square law

Key

terms

As the distance of a light source from a plant increases, the light intensity decreases – this is called an inverse relationship. This relationship is not linear, as light intensity varies in inverse proportion to the square of the distance:

light intensity $\propto \frac{1}{\text{distance}^2}$

For example, if you double the distance between a light source and a plant, light intensity falls by three quarters.

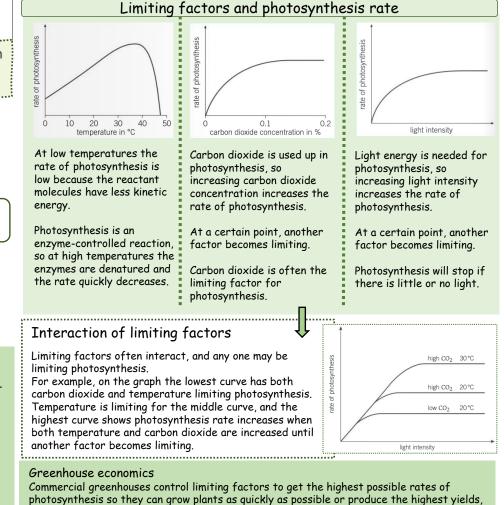
Rate of photosynthesis

A limiting factor is anything that limits the rate of a reaction when it is in short supply.

The limiting factors for photosynthesis are

- Temperature
- Carbon dioxide concentration
- Light intensity
- Amount of chlorophyll

Less chlorophyll in the leaves reduces the rate of photosynthesis. More chlorophyll may be produced by plants in well-lit areas to increase the photosynthesis rate.



whilst making a profit.

Ø

Science Year 9	Improvements		
Investigating Photosynthesis	 Use a gas syringe to collect the volume of gas produced Repeat the experiment at least twice for each distance and calculate 		
Aim	 the mean number of bubbles Use of a glass tank between lamp and plant to prevent heating of the plant, or using an LED bulb that releases very little heat energy 		
Investigate the effect of light intensity on the rate of photosynthesis using an aquatic organism such as pondweed			
Variables	Changing the Independent Variable		
Dependent – The number of bubbles / volume of oxygen produced Independent – Distance between light source and plant / light intensity. Control – Temperature (can be controlled using and LED bulb or a	 To investigate the impact of carbon dioxide concentration the concentration of sodium hydrogen carbonate can be changed. Use different temperatures of sodium hydrogen carbonate solution. 		
heat shield, carbon dioxide concentration, type of plant, length of	Results		
plant, mass of plant.	 As the distance between the plant and light source increases the 		
Method	number of bubbles decreases. This shows that the rate of		
Place a piece of pondweed (Elodea or Cabomba are often used), into a beaker of water Use a light a set distance from the plant Record the number of bubbles observed in three minutes Repeat steps for different distances FACTOR BEING INVESTIGATED DISTANCE OF LAMP CAN BE CHANGED (IV) GLASS TANK FILLED WITH WATER LAMP O LAMP O LAM	NUMBER OF BUBBLES PER MINUTE DISTANCE BETWEEN PONDWEED AND LIGHT IN CM		
0 20 40 60 80 100 120 (RULER			

Key

terms

Ø

Science – Year 9 Cellular Respiration

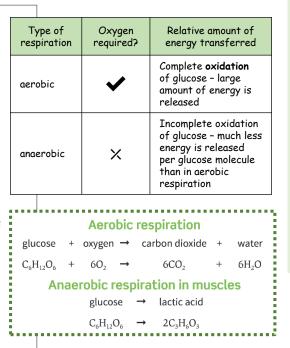
Cellular respiration

Cellular respiration is an exothermic reaction that occurs continuously in the mitochondria of living cells to supply the cells with energy.

The energy released during respiration is needed for all living processes, including

- chemical reactions to build larger molecules, for example, making proteins from amino acids
- muscle contraction for movement
- keeping warm

Respiration in cells can take place aerobically (using oxygen) or anaerobically (without oxygen).



Fermentation

Anaerobic respiration in plant and yeast cells is represented by the equation:

glucose \rightarrow ethanol + carbon dioxide (energy transferred to the environment)

Anaerobic respiration in yeast cells is called fermentation.

The products of fermentation are important in the manufacturing of bread and alcoholic drinks.

Response to exercise

During exercise the human body reacts to the increased demand for energy.

To supply the muscles with more oxygenated blood, heart rate, breathing rate, and breath volume all increase.

If insufficient oxygen is supplied, anaerobic respiration takes place instead, leading to the build up of lactic acid.

During long periods of vigorous exercise, muscles become fatigued and stop contracting efficiently.



After exercise, the lactic acid accumulated during anaerobic respiration needs to be removed. Oxygen debt is the amount of oxygen needed to react with the lactic acid to remove it from cells. Removal of lactic acid Lactic acid in the muscles Transported to the liver in the blood

> Lactic acid is converted back to glucose





Year 9 Science Relationships in an Ecosystem

Feeding relationships within a community can be represented by food chains.

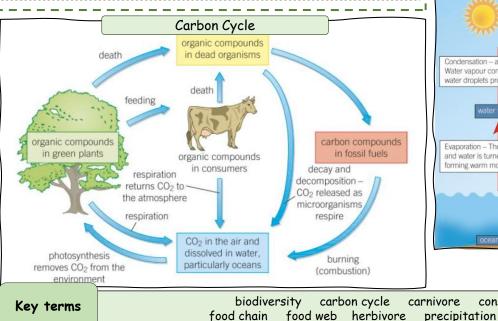
Photosynthetic organisms that synthesise molecules are the producers of all biomass for life on Earth, and so are the first step in all food chains.

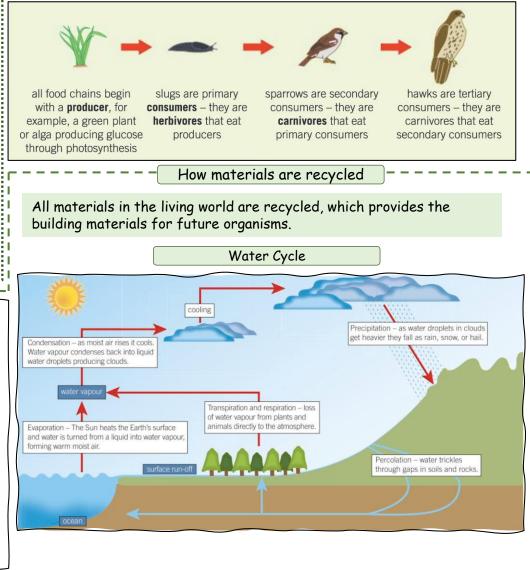
A range of experimental methods using transects and quadrats are used by ecologists to determine the distributions and abundance of different species in an ecosystem.

Consumers that kill and eat other animals are predators, and those that are eaten are prey.

Apex predators are carnivores with no predators.

Organisms usually have more complex feeding relationships, with more than one predator or more than one source. These can be shown in a food web.





evaporation

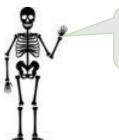
prey producer water cycle

deforestation

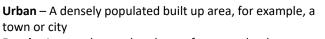
consumer

predator

Year 9 Topic 5 Geography Urban Contemporary Issues



Make sure you know the 'bare bones' of this unit.



Rural – A sparsely populated area, for example, the countryside

Urbanisation – An increasing percentage of a country's population living in a town or city

Megacity – A city with a population of more than 10 million people

Push factor – A reason why a person is forced away from an area, for example, poverty

Pull factor – A reason why a person is attracted to an area, for example, employment

Social Inequality – The extent to which there are differences between groups in society, related to things

such as gender and income.

Deprivation – The damaging lack of material benefits considered to be basic necessities in society

Poverty – Where people struggle to meet daily needs through their income and therefore struggle to participate in society

Brownfield site - Previously sites of industry that have been abandoned and left derelict

Greenfield site - Previously undeveloped sites found on the edge of cities (urban-rural fringe

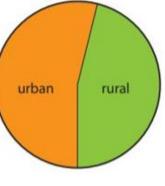
Energy mix – The range of energy sources of a region or country, both renewable and non-renewable

Landfill site – The disposal of waste material by burying it in the ground

Regeneration – The action or process of regenerating and improving an area

Rates of urbanisation across the world





Since the industrial revolution, urban areas have grown, as people were attracted to find work, usually in factors. During that period, people were forced to move from rural areas due to poverty or lack of work (push factors) and attracted to live in urban centres due to advantages of better healthcare and job prospects (pull factors)

Today, about 54% of humans live in urban areas. By 2050, this figure is likely to be 70%.

Europe and North America were the first continents to have high rates of urbanisation. Asia and Africa have the current highest rates of urbanisation.

Social Inequality

Equality Act 2010 Protected Characteristics







There are a number of strategies in place to help reduce inequality, but social inequality is a huge challenge both nationally and globally.

Income inequality in the UK has risen in the UK faster than any other developed nation. In 2021, the richest 10% of people received 50% more income than the poorest 40%. This has a huge impact on relative poverty.

Income inequality impacts on factors such as health (not everyone will live to the same age, or enjoy a healthy lifestyle), gender (on average, women live years longer than men) and ethnic group.

UK Housing Crisis

Demand for good quality and affordable housing is rising in the UK. This is due to an increasing population, people living longer and social factors, such as people choosing to marry later.



However, the UK has a housing crisis because there are not enough homes and people can't afford the homes they would like to live in.

Houses are becoming increasingly unaffordable to people on low incomes because of rising house prices, spiralling interest rates for mortgages, high private sector rents, and inadequate levels of social housing. This means people are spending a higher amount of their income on housing and less on other basic needs.



Until the 1970s, high rise flats were a common way to home a growing population in a small, inner city area (for example, The Byker Wall). Increasingly, however, high rise flats have been linked with a lack of community and high crime rates.



As more housing is needed, the urbanrural fringe is becoming less distinct.

However there is great controversy about building in these greenfield sites since the environment is changed from open space to urban, affecting biodiversity. Some argue inner city brownfield sites should be developed instead.







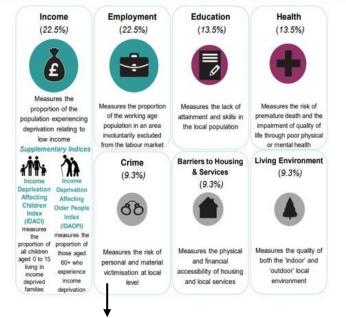


What is urban deprivation?

Urban deprivation is defined as a standard of living below that of the majority in a particular society that involves hardship and lack of access to resources.

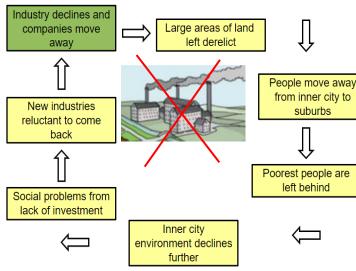
All the factors that make up quality of life (for example, income, education, levels of crime and health) can be put into an index to show areas that are more deprived than others. This is called The Index of Multiple Deprivation.

There are 7 domains of deprivation, which combine to create the Index of Multiple Deprivation (IMD2019):



An area of multiple deprivation is likely to have a crime rate. **Urban crime** is likely to happen when an area lacks resources and investment, therefore provides the opportunity for crime. The police use GIS (Geographical Information Systems) to map patterns and resulting crime hot spots.

What is the cause of urban deprivation?

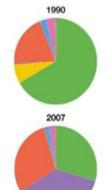


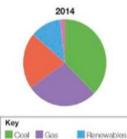
Urban energy

Household energy use has reduced due to homes becoming more energy efficient and people becoming more aware of the environmental costs. However, energy is used increasingly in urban places for transport, to heat homes for a growing populatio and to provide fuel for industries, such as those which make food and clothes.

Fact: Urban areas currently consume around 75% of global primary energy supply, and this is expected to grow

The UK imports most of its energy, and mainly relies on fossil fuels, that are non-renewable, and in thousands of years will run out before being replaced. The UK is investing in renewable energy (including wind, solar and hydro-electricity) and in 2014, this made up a larger share of the UK's energy mix

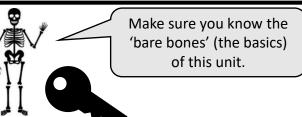




Oli Nuclear Other

Urban challenges	Urban solutions
Waste: In HICs like the UK, waste is a growing problem. Items are being replaced often (such as mobile phones and computers) rather than re-used. Landfill sites are the most common and oldest form of waste disposal – over 50% of all household waste ends up in the ground; however, waste can take years to decompose, this is not good for the environment, producing greenhouse gases, contaminating soils/water and harming health.	 Waste: Landfill space is limited and will run out, so it is important to invest in: Reducing the amount of waste produced Re-using items rather than replacing them Recycling raw materials create new products Often recycled goods ends up in landfill because of incorrect labelling or sorting; this is an area for urgent improvement
Traffic: Urban areas have the worst air quality due to high amounts of industry and traffic. In particular, traffic congestion contributes to air pollution due to an increase in the number of cars on the road and the growing number of people who commute to work in city areas, without using public transport. Air pollution causes severe health challenges for people who live in built up areas.	 Traffic: Traffic management schemes have been introduced including: Park and ride schemes, Car pooling Cycling and Bus lanes Congestion charges Traffic Calming

Y9 Sustainable World



- Keywords:
- Sustainable development is the ability to provide for current generations without compromising the ability of future generations to meet their own needs.
- Sustainable Development Goals aim to transform **our world**. They are a call to action to end poverty and inequality, protect the planet, and ensure that all people enjoy health, justice and prosperity.
- Poverty the state of being extremely poor.
- Inequality the idea that different people experience different standards of living.
- Sanitation the promotion of hygiene and prevention of disease by maintenance of sanitary conditions (as by removal of sewage and rubbish).
- Food Miles a mile over which a food item is transported during the journey from producer to consumer, as a unit of measurement of the fuel used to transport it.
- Carbon Footprint the amount of carbon dioxide • released into the atmosphere as a result of the activities of a particular individual, organization, or community.
- Sustainable tourism involves taking into account any probable or possible impacts of tourism on the present and future social, environmental and economic structure of a place

"Sustainability is meeting the needs of the present without compromising the ability of future generations to meet their own needs." The Brundtland Report 1987

Sustainable Development Goals



SUSTAINABLE DEVELOPMENT GOALS

The Sustainable Development Goals are 17 unique goals set out by UN member states to help tackle some of the biggest causes of POVERTY, INJUSTICE and DAMAGE to our planet. Their predecessors were the Millennium Development Goals established in 2000.

Who:



What:

Why:

The SDGs are designed with both developing and developed countries in mind and are to be seen as universal oals to be achieved worldwide

- 795 MILLION hungry
- · More than 1 BILLION people live on a dollar a day
- 1.3 BILLION tons of food are wasted every year
- 375 MILLION people are affected by climate change related disasters every year

Why does the UK Import food?	Example
= cheaper to import because poor harvests and cost of animal feed makes UK food expensive	Masdar the Unit
= UK climate is unsuitable for growing foods such as cocoa, tea and bananas	Urdand Analo Arrenteen
= supermarkets are big and able to stock a wide range of foods	
= demand for greater choice and variety of food	
= demand for seasonal food all year round , e.g. strawberries in winter	It is loca It has n sustaina <i>include</i> : - Everytl
Sustainable food principles1.Eatinglocalandseasonalfood reduces the miles which food hasto travel.2. Farm organically – low carbonfarming,lessusefertilisers/pesticides.3. Reduce waste packaging4. Eatlessmeats/dairy toreduce waste packaging4. Eatlessmeats/dairy toreduce waste packaging5. Eatlessat-riskfish–reduceoverfishing by eating a wider range offish.6. Fairtrade – ensuring all workerswithin food production are treated thesame with a fair price for goods.7. Promotehealthandwellbeing –encouragehealthyeating,aiming toreduce the amount of food we waste.8. Make systemmoredemocratic –localfamersandcommunitiesreceivingfairpricesnothavingto	 Everytit The enact field on the replaced on the replaced r

e of sustainable City: Masdar City,

City is located in Abu Dabi within ited Arab Emirates. Asia.



ated next to Abu Dabi airport. many features in place to achieve ability, some of the successes

thing in walking distance.

ntire community is powered by a 54 eld of 87,777 solar panels with more roofs of the buildings

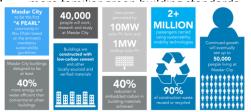
the most part, cars have been d by a series of driverless electric

n of the walls of the buildings ons of air limit heat-radiation) has reduce demand for air conditioning ercent

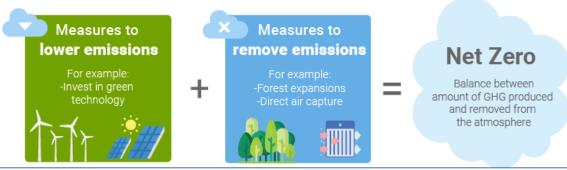
d tunnel allows the city to be a low egrees Celsius.

er, there has been failures -

- re is a bike-sharing station though a good 10 miles away from Abu bi, and there are no bike paths.
- dar City is nowhere close to ping out its greenhouse gas issions now, even at a fraction of its nned footprint
- UAE uses its own ratings system ich does not readily translate to



What Is Net Zero?



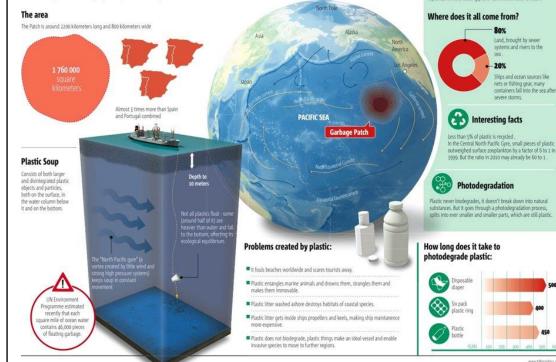
What has the UK put in place to achieve Net Zero?

- Climate change Act – The Uk will achieve Net Zero by 2050, to help gain this -

- Emission Trading Scheme, which replaces the EU scheme following the UK's departure from the EU. The scheme is mandatory for energy-intensive industries. They are given permits to emit greenhouse gases and can trade them at the market rate. It is intended to incentivise industries to lower emissions and save money.
- Fuel duty tax on the road fuel burnt by UK car drivers. ٠
- Contracts for Difference guarantee a fixed price per unit of low-carbon power generation for large-scale ٠ power operations.
- Energy Company Obligation, on large energy firms in Britain, requires companies to boost the efficiency of ٠ homes, with the costs passed to consumers via energy bills.
- Climate Change Levy (CCL) is paid by polluters in the business sector on every unit of energy consumed. CCLs ٠ can be opted out of if the user agrees to a Climate Change Agreement to boost their efficiency.

The Great Pacific Garbage Patch

Is an area of marine debris, laying approximately 135* to 155*West and 35* to 42*North. Although it shifts every year and exact position is hard to tell. It lies within North Pacific Gyre and does not go anywhere, as it is confined by its currents.



Plastic Pollution

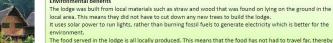
Causes	Impacts	Solutions	
 300 million tonnes of plastic waste gets produced each year. Too much single use plastic 70% of plastic debris sinks into the oceans. 79% of plastic ends up in landfill sites. 	 100 million marine life die each year due to plastic waste. 5.25 trillion pieces of plastic waste estimated to be within our oceans. 90% of worldwide debris comes from 10 rivers alone. Largest trash site @The Great Pacific Garbage Patch' is the side of Texas. 	 Recycle Boycott single use plastics Use reusable carrier bags Shop local and buy package free objects. Educate people about the harm which is being done to the oceans. Carry out rubbish collections at our beaches. 	

Tataquara Lodge



Tataquara Lodge is on an island in the Xingu River in the Brazilian State of Para. It is owned and operated by a cooperation of six local tribes of indigenous people. The lodge has 15 rooms and offers activities such as fishing, canoeing, wildlife viewing and forest walks. The surrounding forest is home to a variety of wildlife including species of bats and tropical birds.

Environmental benefits



local area. This means they did not have to cut down any new trees to build the lodge. It uses solar power to run lights, rather than burning fossil fuels to generate electricity which is better for the

The food served in the lodge is all locally produced. This means that the food has not had to travel far, thereby reducing food miles.

Economic benefits

Location

As the lodge is owned by local tribes, any profit it makes goes to them rather than to a big foreign

company. The surrounding area supplies the lodge with local food and produce, which further puts money back into the local econor



Benefits for local people The lodge creates and provides jobs for the local population.

Local people can make and sell crafts such as jewellery, and also perform traditional dances and songs. This gives them money and helps to preserve their culture.

Any extra money made from the lodge is invested in providing healthcare and an education for local people.

Sustainability

The lodge is sustainable because everything it does is aimed at improving the quality of life for the people who live in the area. It also means that the tribes people will stop looking for other ways to make money that might damage the environment, e.g. logging and farming. The ecolodge will also remain in place for generations to come, making it sustainable in the long run.

How does it form?

urrents in the Pacific Ocean create a circular effect that pulls debris from North America, Asia and the Hawaiian Islands. Then it pushes it into a floating pile of 100 million tons of trash.

80%

20%

Photodegradation

Land, brought by sewer vstems and rivers to the

Ships and ocean sources like

containers fall into the sea after severe storms.

www.5Wpraphics.cl

nets or fishing gear, many

BIG QUESTIONS – Y9 – P4L

Does punishment deter crime?

Types of punishment: Prison, community service, fines, tagging, suspended sentences etc.

Capital punishment - Execution as a punishment for a person who has committed a crime.

FOR	AGAINST
- Acts as a deterrent	- It is a cruel, inhumane, and
- Society can be free of its	degrading punishment
most dangerous people	- There have been many
- The Bible sets down the	occasions of innocent people
death penalty for some	wrongfully executed
crimes, so it must be	- One of the Ten
acceptable to God, 'Eye for	Commandments is "thou
eye, and tooth for tooth.'	shalt not kill"

Should euthanasia be permitted?

Euthanasia - The painless killing of someone dying from a painful disease.

Assisted Suicide - Providing a seriously ill person with the means to commit suicide.

- Euthanasia is illegal in the UK.

FOR	AGAINST
- We should be able to choose	- It is unnecessary when there
how we die	are painkilling drugs
- Lessens pain for the patient,	- The dying patient might not
people should not have to live	be able to think properly
if they have no chance of	when deciding that he/she
getting better	wants to die quickly
- It stops the suffering of	- Places called hospices now
relatives watching the patient	look after the terminally ill.
die a slow and painful death	These places allow people to
	die peacefully and without
	pain.

Is abortion morally wrong?

Abortion - The medical process of ending a pregnancy so it doesn't result in the birth of a baby. It's also sometimes known as a termination.

The law: Abortions can be carried out until 24 weeks. They can only be carried out after 24 weeks for medical reasons.

Pro-Choice (choice of woman)	Pro-Life (rights of the
	foetus)
- Women should have the	- No one has the right to
right to choose what happens	take human a life
to their bodies	- The foetus is a potential
- The mother's health or life is	human being
at risk	 Many couples would adopt
- Tests reveal an abnormality	if babies were available
of the foetus	

Religious arguments abortion and euthanasia

FOR	AGAINST
- May be the most loving	- Sanctity of life (life is holy
thing to do	and belongs to God; only
- Jesus told Christians to	God has the right to end a
love their neighbour	pregnancy)
	- The 10 commandments –
	You shall not kill

Is marriage important?

Marriage - The legal union between a man and woman Cohabitation - Living together without with married

What is the purpose of marriage?

Procreation- men & women were created to have children. **Union**- marriage enables a lifelong faithful relationship

Rearing children- channel for love & compassion **Gift from God** - 'till death do us part'

Pros of marriage – increased level of security, may contribute to a stable family Cons of marriage – you limit your level of freedom, could end up in divorce

Forced marriage - either one or both of the people getting married are being coerced into the marriage. They do not give their full consent to be getting married.

Arranged marriage - when the family of the person getting married take responsibility for finding a suitable match. Both people in an arranged marriage have to consent to the marriage and are given the right to refuse the match.

Is social media bad for you?

Social media is computer-based sharing of information via networks. **Digital footprint** is the trail of data created when we use the internet.

Positives of social media	Negatives of social media
- Boosting self-confidence	- Decreases face to face communication
 Creating a positive Digital Footprint Ability to make new friends 	 Posts cannot always be deleted Addiction Cyberbullying

→ → → → →	Skills and Techniques: Actions (eg travel, turn, elevation, gesture, stillness, use of different body parts, floor work, transfer of weight) Dynamics (eg fast/slow, sudden/sustained, strong/light, flowing/abrupt) Space (eg pathways, levels, directions, size of movement, patterns, spatial design) Relationships - eg lead and follow, mirroring, action and	 Choreographic devices → Motif and development → Repetition → Contrast → Highlights → Climax → Changes in numbers of dancers → Unison and canon. 	Positions and groupings: Solo Duet Trio Group Centre stage Upstage Downstage Stage Left Stage Right Onstage Offstage	Performance skills→Posture→Alignment→Balance→Coordination→Control→Flexibility→Mobility→Strength→Stamina→Extension	Key Words: Choreography Pathways Direction Level Speed Extension Timing Phrase Stimulus
+ +	reaction,, complement and contrast, formations) Timing Rhythm			Real Stores	Centerstepp Auger Auger Center Lith Lich entropy Super Center Center Lith Super Center Center Lith AUDIENCE

Influential Choreographers

Bob Fosse

Rosie Kay

David Bintley Me Matthew Bourne

Merce Cunningham

Challenge: What can you find about these people?

Year 9 Dance Choreographic Devices

What is mental wellbeing?

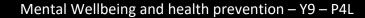
We might use it to talk about how we feel, how well we're coping with daily life or what feels possible at the moment.
Good mental wellbeing doesn't mean you're always happy or unaffected by your experiences.
But poor mental wellbeing can make it more difficult to cope with daily life.

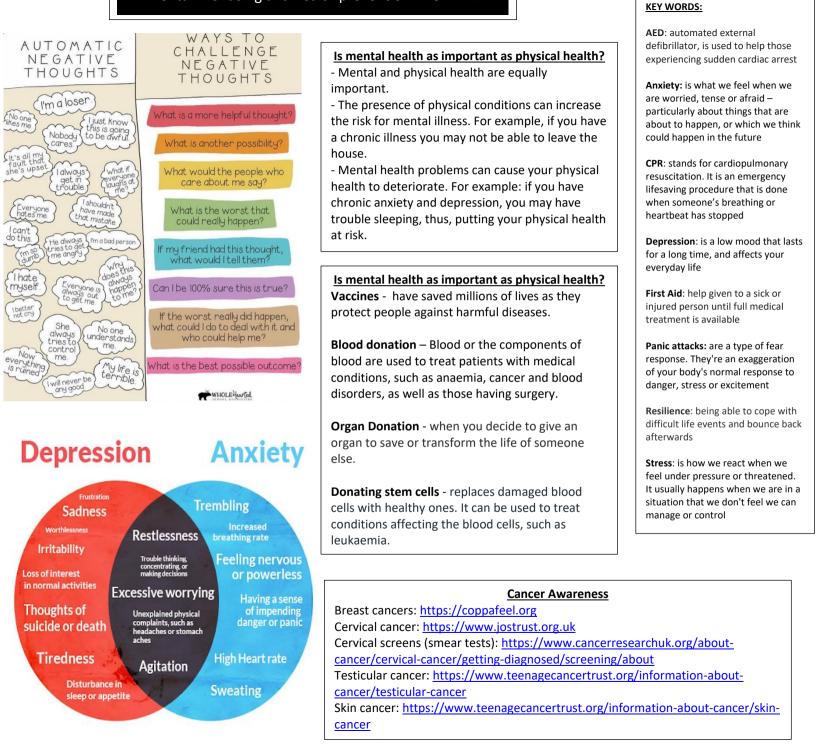
Resilience is the process of adapting when you are faced with trauma, stress or any kind of adversity or emotional suffering.
Someone who is resilient faces tough life situations head-on, experiencing the difficult times and emotions.



Mindfulness involves noticing what's happening in the present moment. You might be aware of your mind, body or surroundings. Mindfulness aims to help you to feel calmer and less stressed.

SUPPORT Young Minds www.youngminds.org.uk Childline - www.childline.org.uk Samaritans - www.samaritans.org



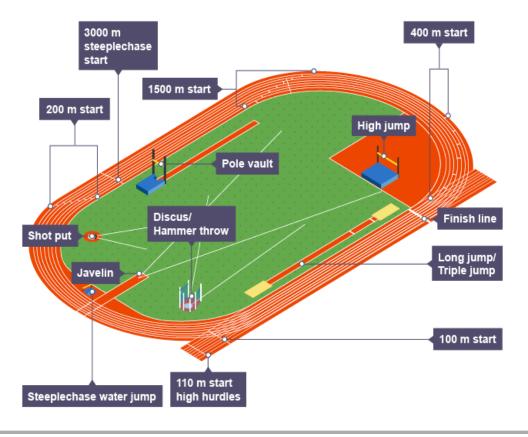


Y7 Subject Knowledge Organiser Athletics – Competition, Scoring & Officials

Competition

Athletics is a collection of sporting events that consist of the three major areas of running, jumping and throwing. The running events include sprints, middle and long-distance events and hurdling. Jumping events include the long jump, high jump, triple jump and pole vault, while the throwing events include the discus throw, hammer throw, javelin throw and shot put. There are also combined events, such as the decathlon for men, which consists of ten events, and the heptathlon for women, which consists of seven events.

Shown below is a typical competition area for athletics.



Scoring

Success in athletics is judged on times and distances rather than points or goals.

Track events – These races are started with an electronic pistol which is only sounded again on a false start. In races that are very close, officials use a digital line-scan camera across the finish line to give them a photo finish picture. The clock stops when an athlete has passed through the finish line.

Jumping events – These events are measured from the front edge of the take-off board to the first mark made in the sand by the athlete. The distance is always measured to the nearest centimetre and athletes will always be given a minimum of three jumps.

Throwing events – These events are measured from the front edge of the throwing line to the first mark made in the ground by the implement. The distance is always measured to the nearest centimetre and athletes will always be given a minimum of three attempts.

Officials

An athletics competition requires a wide range of officials. These include:

Starter – Starts all track events.

Starter's marshals – Line up competitors in correct order ready for starting.

Timekeepers – Provide official times for all track competitors.

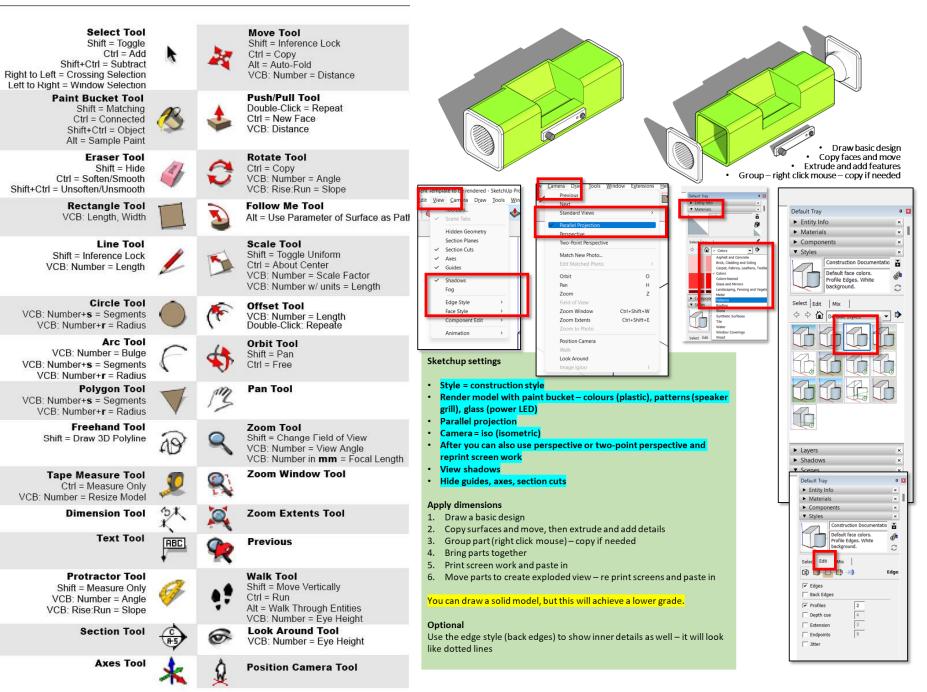
Place judges – Ensure the correct order of positions are given.

Field event judges – Measure, record and let athletes know when it is safe to compete.

Relay judges – Make sure runners at change-overs are in the correct lane and within the change-over box.

Sketchup Tools

Sketchup Rendering Settings



Key Vocabulary	Definitions	Year 9: The Cold War	Image: constraint of the space for the spa	
Communism	A theory or system of social organisation in which all property is owned by the community and each person contributes and receives according to their ability and needs	Importance of the conferences Potsdam – the Grand Alliance discussed their ideas for the future of Germany. This went well despite the fact that the countries (Br, USA, USSR) had different aims. When the leaders met again at Potsdam it was a different story. The leaders of Br and USA had changed and were		
Capitalism	An economic and political system in which a country's trade and industry are controlled by private owners for profit	alarmed by Stalin's actions in Europe. The relationships between these countries became much more hostile. The USA was suspicious of the USSR and all the allies had different views of what should happen to Germany after WW2.		
ΝΑΤΟ	The North Atlantic Treaty Organisation, also called the North Atlantic Alliance, is an intergovernmental military alliance	Significance of the Berlin Crisis The Berlin Crisis started when the USSR issued an ultimatum demanding the withdrawal of all armed forces from Berlin,		
Warsaw Pact	The Warsaw Pact was a collective defence treaty signed in Warsaw, Poland, between the Soviet Union	including the Western armed forces in West Berlin. The crisis culminated in the city's partition into East and West Berlin with the East German building of the Berlin Wall.		
	and seven other Eastern Bloc socialist republics of Central and Eastern Europe in May 1955	Why was the Arms Race significant? The arms race was important for 2 main reasons:		
Iron Curtain	The Iron Curtain is a term describing the political boundary dividing Europe into two areas from the end of World War II in 1945 until 1991.	 It led to the fear of mutually assured destruction as each side had enough weapons to destroy the world many times over. The USA and the USSR had to find ways to solve disputes that did not result in a nuclear war. 		
Bloc	A group of countries or political parties with common interests who	Co-Existence	was captivated by this contest for dominance. What was Détente? While Détente did not end the Cold War, it produced some significant achievements. The willingness of both superpowers to communicate led to arms reduction summits, the signing of anti-nuclear proliferation agreements and a reduction in nuclear arms stockpiles	
Détente	have formed an alliance. The easing of hostility or strained relations, especially between countries.	The period of peaceful coexistence occurred in the early 1950s. Nikita Khrushchev, the leader of the USSR between 1953 and 1964, is associated with the policy of peaceful coexistence. It meant living in peace with each		
Checkpoint Charlie	A crossing point between West Berlin and East Berlin when the Berlin Wall divided the city.	other, although competition between the two superpowers could continue.		
Yalta Conference – Feb 1945		SA tests the first hydrogen Vietnam War - 1959 - Cuba omb - 1950 1975 1962	n Missile Crisis - Berlin Wall comes down - 1989	
Potsdam Conferer – May 1945	USSR tests its first nuclear weapon - 1949	The Space Race begins The Berlin Wall - 1961	Establishment of a hotline phone between USA and USSR - 1963 USSR - 1963	